

MEDICATION DEFERRAL LIST

Please tell us if you are now taking or if you have EVER taken any of these medications:

- **Proscar® (finasteride)** - usually given for prostate gland enlargement
- **Avodart® (dutasteride)** - usually given for prostate enlargement
- **Propecia® (finasteride)** - usually given for baldness
- **Accutane® (Amnesteem®, Claravis®, Sotret®, isotretinoin)** - usually given for severe acne
- **Soriatane® (acitretin)** - usually given for severe psoriasis
- **Tegison® (etretinate)** - usually given for severe psoriasis
- **Growth Hormone from Human Pituitary Glands** - used for children with delayed or impaired growth
- **Insulin from Cows (Bovine, or Beef, Insulin)** - used to treat diabetes
- **Hepatitis B Immune Globulin** - given following an exposure to hepatitis B.*
Note: This is different from the hepatitis B vaccine which is a series of 3 injections given over a 6 month period to prevent future infection from exposures to hepatitis B.
- **Unlicensed Vaccine** - usually associated with a research protocol
- **Plavix®, Ticlid® or Feldene®** - irreversibly inhibits platelet function – may not donate platelets
- **Coumadin® (Warfarin)** - inhibits the vitamin K-dependent synthesis of biologically active forms of the calcium dependent clotting factors II, VII, IX and X. You may not donate for 7 days from the last time you took it.

If you would like to know why these medicines affect you as a blood donor, please keep reading:

- If you have taken or are taking **Proscar, Avodart, Propecia, Accutane, Soriatane, or Tegison**, these medications can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman. Once the medication has been cleared from your blood, you may donate again. Following the last dose, the deferral period is one month for Proscar, Propecia and Accutane, six months for Avodart and three years for Soriatane. Tegison is a permanent deferral.
- **Growth hormone from human pituitary glands** was prescribed for children with delayed or impaired growth. The hormone was obtained from human pituitary glands, which are found in the brain. Some people who took this hormone developed a rare nervous system condition called Creutzfeldt-Jakob Disease (CJD, for short). The deferral is permanent.
- **Insulin from cows (bovine, or beef, insulin)** is an injected material used to treat diabetes. If this insulin was imported into the US from countries in which “Mad Cow Disease” has been found, it could contain material from infected cattle. There is concern that “Mad Cow Disease” is transmitted by transfusion. The deferral is indefinite.
- **Hepatitis B Immune Globulin (HBIG)** is an injected material used to prevent infection following an exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case, therefore persons who have received HBIG must wait 12 months to donate blood to be sure they were not infected since hepatitis B can be transmitted through transfusion to a patient.
- **Unlicensed Vaccine** is usually associated with a research protocol and the effect on blood transmission is unknown. Deferral is one year unless otherwise indicated by Medical Director.

EUROPEAN COUNTRIES LIST

European Countries List is used for deferral of donors based on geographic risk of bovine spongiform encephalopathy (BSE), commonly known as “mad cow disease”.

Albania	France	Poland	*The United Kingdom should be taken to include all of the following:
Austria	Germany	Portugal	
Belgium	Greece	Romania	
Bosnia-Herzegovina	Hungary	Slovak Republic	
Bulgaria	Republic of Ireland	Slovenia	
Croatia	Italy	Spain	
Czech Republic	Liechtenstein	Sweden	
Denmark	Luxembourg	Switzerland	
Federal Republic of	Macedonia	United Kingdom*	
Yugoslavia	Netherlands		
Finland	Norway		