

WINTER 2026 EDITION

Legacy Ribbons

If you've been into the blood bank recently, you may have noticed the bright red ribbons attached to donor photos and name plates throughout the welcome center and donor floor. These ribbons honor the memory of our donors who are no longer with us. After the sudden loss of David Lindberg this past summer, our team wanted to bring a light of remembrance to our donors who have passed. David's presence here at the blood bank has been missed. We fondly cherish his kind soul, generosity, and commitment to this community. David was a remarkable man, selflessly donating his time to many service clubs, which included our community blood bank. David reached a milestone of 56 gallons in donated whole blood and platelets. That's 448 donations and over 800 hours spent in a donor chair. In those hours, days, and years we have spent with David, many of our staff and fellow donors have had the privilege of becoming David's friend, with many good stories, laughs, and memories shared. David's, as well as so many other legacies, will live on through the lives they have saved. Their generosity continues to flow, reminding us that every drop was a legacy of hope, compassion, and humanity. The next time you come to the blood bank please take a moment to view the donor photos displaying red legacy ribbons and the plaque in the donor room is dedicated to the selfless individuals who have given the gift of life.



Donate for David

Pictured below, Greg Williston (L) is honoring his dear friend David Lindberg by donating platelets. Pictured below, Jason Buck (R) honored his friend and former boss, David Lindberg, by donating blood in his memory. Their donation keeps David's legacy alive and serves as a reminder that anyone can make a difference. Honor someone special or give back by donating blood and saving lives.



It was a very Grinchmas holiday blood drive

The Eureka Police Department's Holiday Blood Drive is always a highlight of the season for our blood bank staff. Not only because Chief Stephens always brings us chocolate, but also because spending time with the EPD team is always fun and uplifting. Their enthusiasm and willingness to give back set the tone for a truly meaningful day.

Thanks to their strong turnout and support, we experienced an incredibly successful collection day, welcoming 46 donors and collecting 43 units of blood. Each of these donations represents a lifeline for patients in our community, especially during the holiday season when blood donations tend to decline while hospital needs continue to rise. The impact of this drive will be felt far beyond a single day, helping ensure that blood is available when patients need it most.

This drive held special meaning for one of our Donor Recruiters, whose friend is currently undergoing radiation treatment at St. Joseph's. Knowing that the blood donated here will directly support patients like her is deeply moving. Patients fighting cancer are the largest recipients of blood transfusions compared to any other disease. Many of us know and love someone who is going through chemotherapy or radiation treatment, making the need for blood donations deeply personal and especially meaningful. These patients don't get a break from treatment during the holidays and will continue to rely on donated blood. Volunteer blood donations help patients stay stronger through difficult treatments, giving them the chance to heal, recover, and spend the holidays at home with the people they love. That kind of gift is truly priceless. Every donation made during this drive, whether it was from a first-time donor or a familiar face, plays a vital role in supporting our most critical and vulnerable patients. It is the generosity of our donors that allows our community blood bank to continue its lifesaving mission.

We would like to extend our heartfelt thanks to everyone at the Eureka Police Department and to all who took the time to donate during an already busy and demanding holiday season. Your compassion and dedication to donating make a lasting difference in the lives of others, and we are incredibly grateful for your support.



Service Above Self

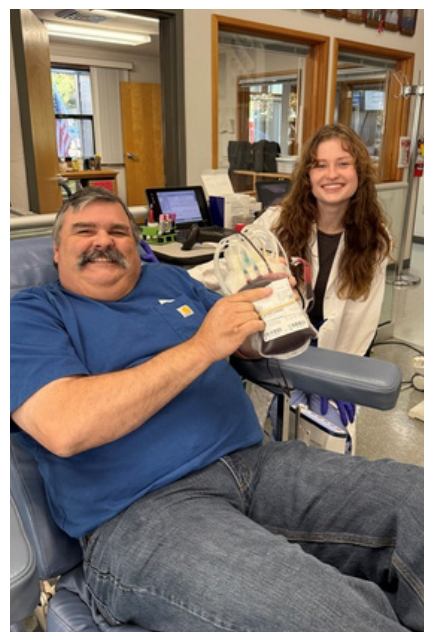
There are several Rotary clubs in Humboldt County that continue to support our local community blood bank. As part of one of Rotary International's Seven Areas of Focus- Disease Prevention and Treatment, these local clubs serve their community by giving both their time and resources. They support blood donations on the North Coast through hands-on service projects, like organizing blood drives, and by supporting funding initiatives that create lasting health impacts, such as the purchase of our new bloodmobile.

How we work with our local Rotary clubs throughout the year:

Rotary Programs- As part of Northern California Community Blood Bank's mission to provide a safe and adequate blood supply, we are committed to building connections and inspiring more people to donate through public outreach and education. Being invited to present annually at our local Rotary clubs plays a key role in advancing this mission. These presentations allow us to reach not only club members but also their friends, families, associates, and networks. Sharing our mission with Rotary members and sparking their interest helps keep our lifesaving partnership strong and growing year after year.



Rotary's Fall Face-off Blood Drive- October in Eureka means it's Fall face-off time! Hosted annually, our three Eureka Rotary clubs collaborate for a friendly but competitive blood drive. Our blood bank's CEO, Kate Witthaus, and past CEO, Thomas Shallert are both members of the Rotary Club of Eureka, alongside Rotary's very passionate District Assistant Governor, Annalise von Borstel, it is without surprise that their club has come out victorious this year with 23 donations made on their behalf! The Rotary Club of Southwest Eureka followed with 15 donations, and the Rotary Club of Old Town Eureka brought in 9 donations. Together, these three Rotary clubs brought in an incredible 47 units of life-saving blood. Each donation truly matters and will make a difference in the lives of many patients in need.



Top: Annalise von Borstel presenting Rotary Club of Eureka President Dale Warmuth with the official trophy for winning this year's Eureka Rotary Fall Face-Off! Bottom left: Southwest Rotarian, Bill Gillespie, showing off his donated unit of blood alongside Donor Services Specialist, Isla Buck. Middle: (L) to (R) Kate Witthaus, Annalise von Borstel, Larry Goldberg, and Sheriff William Honsal. Bottom left: Kelsey, Kandis, donating on behalf of the Rotary Club of Eureka.

Service Above Self Continued

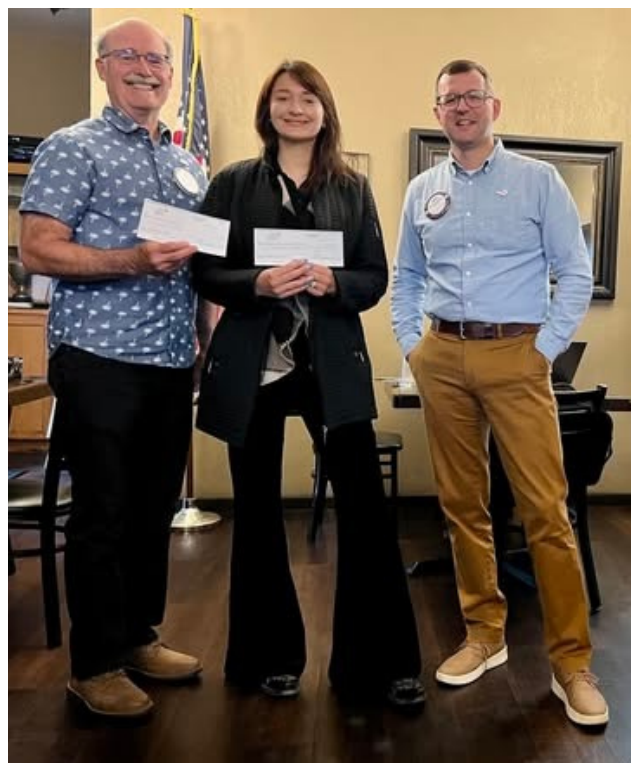
Garberville Rotary's Pint for a Pint Blood Drive- This past December, the Garberville Rotary Club showed their appreciation for blood donors in a sweet and memorable way by offering a free pint of ice cream outside the Garberville Pharmacy. The event was a perfect combination of giving back and having fun—donors could save lives while enjoying a tasty treat, and the community came together to support this important cause. Thanks to the club's generosity and creative approach, the drive resulted in a fantastic turnout, with 20 lifesaving blood donations collected. Events like this highlight the power of community collaboration and show how a simple act of kindness, like offering ice cream, can inspire people to make a meaningful contribution.

Mad River Rotary- In addition to inviting us to participate in their program annually, the Mad River Rotary Club hosts its own yearly blood drive. Meeting at Luzmilla's in McKinleyville, this dedicated club consistently makes blood donation a key part of its community service efforts. We always look forward to joining them for lunch, sharing updates about what's new at the blood bank, and working together to coordinate a blood drive that has always been successful. Their commitment not only helps maintain a steady blood supply for patients in need but also strengthens the bond between our blood bank and the local community. We are grateful for their ongoing support.

Fortuna Sunrise Rotary vs Fortuna Rotary- Sunrise vs. Noon's first annual blood drive was hosted by the Eel River Valley Foundation and took place at the beautiful Gene Lucas Community Center (GLC) in Fortuna. We are proud to partner with these community-driven organizations, whose dedication to service sets a remarkable example. It was a great honor to present the hand-carved trophy to Fortuna Sunrise Rotary, which is now proudly displayed at the GLC. Beyond helping meet the daily need for blood donations, the Fortuna Sunrise Rotary Club went above and beyond by generously contributing \$1,000 toward our fundraising efforts for a new, smaller bloodmobile. This bloodmobile is able to travel across rural Humboldt and Del Norte counties, reaching more donors and helping ensure a steady, adequate blood supply for the communities we serve.

We look forward to expanding our relationships with more Rotary clubs and working together to put service above self.

Top: Walt Giacomini (L), Fortuna Sunrise Rotarian viewing our new bloodmobile at the Fortuna Chamber ribbon cutting with fellow Rotarian and Donor Recruiter, Sierra Carter (R). Bottom left: (L) to (R) Don Jewitt, Sierra Carter and Christopher Broadstock, Sunrise Fortuna Rotarians proudly presenting the check for the new bloodmobile. Bottom right: Chris Broadstock (L) Receiving the noon vs. sunrise trophy from April Tuttle (R), Donor Recruiter.



BiCoastal Media and Sutter Coast Hospitals Halloween Blood Drive

After 34 unforgettable years, our 2025 Annual Halloween Blood Drive marked a final and bittersweet hurrah with the one and only Rene Hutzell. Not only was this her last year hosting the event, but it also marked Rene's final radio appearance as she officially entered retirement.

"Radio gets results," Rene has always said, and with over a thousand pints of blood collected, we couldn't agree more. Through her passion, dedication, and unwavering commitment to giving back, Rene has made an extraordinary impact on our community. Her career, hobbies, and volunteer efforts have consistently reflected her deep care for others and her desire to make a difference.

We are incredibly grateful that Rene shared her God-given gift of gab with us, using her voice and platform to help save countless lives. Her energy is electric and contagious, and it has been a true privilege to watch her connect with the community, inspire donors, and amplify our mission year after year.

Rene's legacy will be felt far beyond the radio waves. While we will miss her presence at the microphone, we celebrate her remarkable career, her generosity of spirit, and the lasting impact she leaves behind. Thank you, Rene, for 34 years of dedication, heart, and lifesaving support.

The tradition will continue, and it will only grow! This event is made possible by an incredible team that comes together each year to coordinate such a fun and truly life-saving day.



A huge thank-you to the following individuals and teams:

Rene Hutzell and Larry Timpe at BiCoastal Media - They're the team that brings the spooktacular ambiance to life with their incredible decorating skills. The moment you walk inside, you're instantly greeted with good-time vibes and classic Halloween fun. As always, they went above and beyond, taking the time not only to transform the Fire Hall but also to stay afterward and handle the cleanup. To top it off, their enthusiasm brings incredible energy and excitement to the event, and their live radio spots keep us connected and engaged with the community throughout the day.

Kathryn Seaman and Michael Lane - Thank you for coordinating the blood drive hotline and scheduling donors. Having appointments in place keeps the day running smoothly and helps our donor services team stay balanced. Sutter's team also generously provides lunch for our staff, keeping us full and happy throughout the day. Donors were treated to lots of extra swag from Sutter Coast Hospital and even had the opportunity to meet their nurses, who were both so kind. Rene even convinced them to join her on air! As Sutter continues to grow and make a positive impact in our community, we can only imagine how busy Michael Lane, CEO of Sutter Coast Hospital, must be, which made it especially meaningful to see him take the time to donate blood during this event. Sutter's continued dedication to our blood bank truly means so much.

Vanessa Duncan and Crescent City Fire and Rescue - A huge thank you to Vanessa for coordinating with us to host this event at Crescent City Fire and Rescue's Washington headquarters. The Fire Hall is the perfect venue to park our bloodmobiles and set up donation chairs inside. The atmosphere is fun and welcoming for donors, and being able to create a space where they can refresh and socialize afterward elevates this from just another blood drive to an event that so many look forward to each year. Our previous venue wanted to charge a fee, so having Crescent City Fire and Rescue step up and generously offer their facility free of charge has been deeply appreciated.

We are already looking forward to recreating this spooktacular event again in 2026!

BiCoastal Media and Sutter Coast Hospitals Annual Halloween Blood Drive



Brewery's and Blood Drives- Donate Blood (NOW), Drink Beer (LATER)

The Northern California Community Blood Bank has teamed up with your favorite local breweries for a popular promotion to increase blood donations. These events, often called "pint for pint" or "pints for Non-profits," reward donors with a voucher for a pint of beer in exchange for a pint of blood. We are so grateful to have the generous support of businesses within our community who are willing to encourage blood donations with an incentive. It is a nice way to tell our donors thank you for your selfless and life-saving act. These partnerships strengthen our community bonds and bring a fun element to inspire donations.

Meredith Maier and Talia Nachshon, co-owners of 6 Rivers Brewery, started our Pints for Nonprofits in Humboldt campaign 2 years ago, and since then have been hosting our bloodmobile every 8 weeks. Everyone who knows this incredible duo would agree that their commitment and passion to give back to this community is boundless. The impact they make within Humboldt goes far beyond crafting great beer and serving up delicious food. Together, Talia and Meredith have displayed a long-standing dedication to helping those in need and supporting a multitude of fellow businesses, organizations and nonprofits. It's an honor and a treat that our organization and our donors get the opportunity to share in their mission to give back.

Marcus Gooch, wing-eating champion, manager at Lost Coast Brewery, and blood transfusion recipient whose life was saved by the generosity of volunteer blood donors, coordinated a successful pint-for-pint blood drive at Lost Coast Brewery Pub and Café this past fall. Marcus's blood recipient story is the unexpected reality we are all subject to in our normal day-to-day lives. You just never know who and when someone you know and love will be in need of life-saving blood. Having blood readily available in an emergency situation is why donating and doing so regularly is so important to maintaining a steady blood supply for our hospitals. Marcus' story can be found in the Good Deeds Gazette's fall edition on our website at nccbb.org, just click the newsletter link and scroll down.

The most recent and newest member of our Pints for Nonprofits campaign is Eel River Brewing Company. This holiday blood drive, taking place just three days from Christmas, is extra important for a variety of reasons. Across the nation, blood donations drop during the holidays because people are busy with travel, family gatherings, and holiday activities, which makes them less likely to donate. Hospitals still need blood for emergencies, surgeries, and treatments, creating seasonal shortages. At a time when most might not have donating blood on their holiday calendar, Eel River Brewing Company happily made us a priority and encouraged the community to do so, too.



While these promotions are fun and engaging, it's important to note that drinking alcohol does not automatically disqualify someone from donating blood, but there are important guidelines and time considerations. The primary concern is always donor safety and well-being. Being intoxicated can affect a person's ability to provide informed consent and accurately complete the donor questionnaire, and alcohol can increase the risk of dehydration, which is not ideal when donating blood. Blood volume typically recovers quickly when donors stay well hydrated, and for most people, consuming alcohol is considered safe about 24 hours after donating. As always, our staff is available to answer questions and ensure that every donation is made safely and responsibly. These brewery partnerships highlight the creative ways our community comes together to support a safe and adequate blood supply, one pint at a time.

Vampire Facials

In the name of vanity, some people are turning to vampire facials, officially known as PRP (platelet-rich plasma) facials. This non-invasive cosmetic treatment uses a patient's own blood to rejuvenate the skin, boosting collagen, improving texture, and promoting a youthful appearance. The process begins with a small blood draw; the blood is then spun in a centrifuge to separate platelet-rich plasma, which contains growth factors essential for tissue repair and regeneration. The PRP is applied to the face or injected into targeted areas. Often, the treatment is combined with microneedling, a technique that creates tiny channels in the skin to enhance absorption and stimulate additional collagen production. PRP facials have gained popularity for their wide range of skin benefits, including improved skin texture, tone, and elasticity, reduction in fine lines and wrinkles, diminished appearance of acne scars, and other scarring. These facials need minimal downtime compared to more invasive cosmetic procedures, natural-looking results, since the treatment uses the patient's own blood because PRP comes from the individual's body, the risk of allergic reactions is significantly lower than with synthetic. While PRP facials are generally considered safe when performed by qualified professionals, there are some considerations to

keep in mind. Patients may experience mild discomfort during the procedure, though numbing creams are often used. Multiple sessions may be recommended for optimal results, followed by occasional maintenance treatments. A PRP facial is a popular, non-surgical option for individuals seeking skin rejuvenation using their body's natural healing abilities. Anyone considering this treatment should consult with a qualified dermatologist to discuss goals, expectations, and potential risks before moving forward. And a friendly reminder that if you have time for a PRP facial, you certainly have time to donate blood, so before consulting your dermatologist to schedule a vampire facial, consider calling Kathy to schedule a platelet donation, or visit our website at nccbb.org for our bloodmobile schedule and blood bank hours.



Plasma and Politics on the Border

Along the U.S.-Mexico border, thousands of Mexican citizens legally cross into the United States each day to sell plasma, a vital component in treatments for immune deficiencies, bleeding disorders, and other serious medical conditions. The U.S. dominates global plasma collection, providing roughly 70% of the plasma used worldwide. These cross-border donors have become an essential part of that system.

Supporters argue that paying donors is both fair and necessary. Georgetown University professor Peter Martin Jaworski notes, "One out of every ten liters is coming from a Mexican who crosses the border into the United States. That's an enormous amount of benefit to patients in the U.S. that is given by people from Mexico." In the U.S., donors are allowed to give plasma up to twice a week, earning \$30–\$70, with some centers paying \$100 or more per session.

The cross-border plasma trade operates in a legal and ethical grey zone. Mexican citizens near the border can obtain a border-crossing card (BCC) for short visits to nearby U.S. cities. By law, visitors on BCCs are not allowed to work.

Plasma companies, however, argue that payments to donors are "tokens of appreciation" for biological donations, not wages, making the practice technically legal.

The legality was challenged in 2021 when U.S. Customs and Border Protection ruled that plasma donations for money counted as work, blocking some Mexican donors.

Plasma companies sued, claiming that restricting donors would threaten the supply of lifesaving medicines. In 2022, a federal judge issued a preliminary injunction, allowing Mexican citizens to continue donating while the case proceeds.

Donors participate because they need the money, companies participate because they need the plasma, and governments tolerate it to avoid creating a public-health crisis. As long as the system continues, thousands of Mexican citizens will keep crossing the border, sustaining an international plasma industry and helping patients around the world who rely on these treatments.



Artificial Blood

Blood transfusions are essential to modern healthcare, yet maintaining a safe and reliable blood supply remains difficult due to short storage times and ongoing shortages, particularly in low- and middle-income countries, and more specifically of O-negative blood, the universal donor type. In response, Japanese scientists led by Professor Hiromi Sakai at Nara Medical University have developed an artificial blood product that could be used in patients of any blood type.

The artificial blood is created by extracting hemoglobin from expired donor blood. Hemoglobin, the protein responsible for carrying oxygen, is enclosed in a protective shell to form stable, virus-free artificial red blood cells. Because these synthetic cells do not contain blood type markers, compatibility testing is not required and can be given to all blood types. In addition to being universal, another major benefit is its storage life; artificial blood can reportedly be stored for up to two years at room temperature and up to five years under refrigeration, compared with just 42 days for donated blood. Human trials began in 2022. In early studies, healthy volunteers received increasing doses of hemoglobin vesicles, with only mild side effects reported and no serious changes in vital signs. More recent trials have increased doses to better assess safety, and if results remain positive, researchers hope to move toward practical medical use by around 2030. Despite this progress, artificial and lab-grown blood products are still in the research and development phase, and many more trials are required before such products can be approved for widespread medical use.

Cost is another major challenge. Although advances have reduced the cost of producing lab-grown blood from over \$90,000 per unit in 2013 to under \$5,000 today, it remains far more expensive than donated blood. Even so, continued research offers hope that artificial blood could one day help reduce shortages and improve emergency care on a global scale, especially for low- to middle-income countries. The World Health Organization reports that low- and middle-income countries collect less than half the blood needed per capita compared to high-income nations. Someday, artificial blood could make an impact where the blood supply crisis is significant.

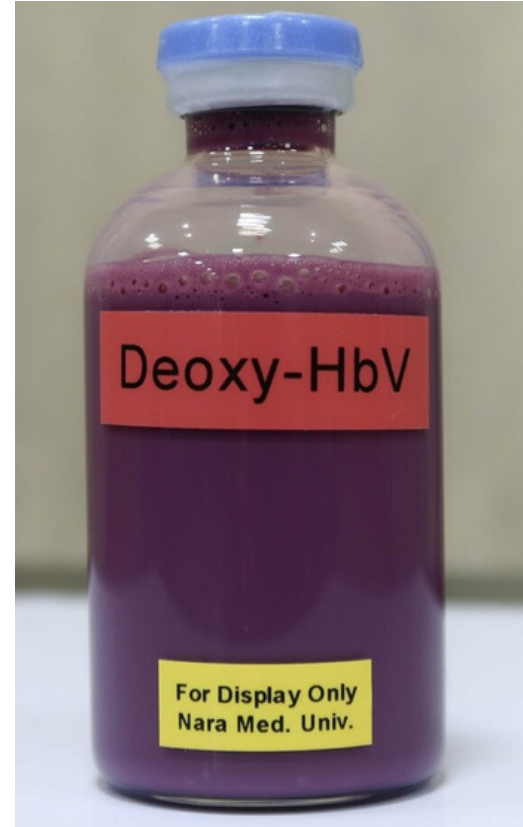


Photo taken on July 1, 2024, in Kashihara, Nara Prefecture, shows a vial of artificial red blood cells made at Nara Medical University. (Kyodo)

Blood Shortages in Low and Middle Income Countries

Blood shortages remain a serious public health issue in many low- and middle-income countries, limiting access to lifesaving medical treatments such as surgeries, trauma care, and maternal health services. These shortages are not caused by a single issue but by a combination of factors that affect blood collection, storage, and distribution.

One major challenge is inadequate infrastructure. Many regions lack modern blood banks and reliable electricity, forcing facilities to rely on outdated equipment or operate without proper refrigeration. As a result, donated blood and plasma may spoil before they can be used, reducing already limited supplies.

Cultural and social barriers also play a significant role. In some communities, mistrust of healthcare systems discourages people from donating blood. Cultural taboos, myths, and misconceptions, such as fears that blood donation weakens the body or is unsafe, further reduce donor participation.

Health and economic challenges compound the problem. High rates of infectious diseases and malnutrition disqualify many individuals from donating blood. At the same time, poverty and limited transportation make it difficult for eligible donors to travel to donation centers, especially in rural areas.

In addition, a lack of trained personnel, weak supply chains, and poor coordination can lead to wasted blood, inconsistent quality control, and reduced access to safe transfusions.

Winter Spotlight's

The Northern California Community Blood Bank's Employee, Sponsor, and Donor Spotlights proudly celebrate the remarkable individuals who make our mission possible. By highlighting their achievements, dedication, and generosity, these spotlights recognize the meaningful contributions they bring to our organization and the lasting impact their support has on strengthening our blood bank and enriching the communities we serve.

Sponsor Spotlight

Lynn McKenna - The numbers speak for themselves (see below). One woman, three blood drives, endless dedication to the Northern California Community Blood Bank. Lynn is the driving force behind the Humboldt Sponsors, Eureka Elks Lodge #652, and California Retired Teachers Association blood drives. When it comes to giving back to the community, Lynn goes far beyond simply hosting; she works tirelessly to ensure every blood drive she sponsors is a success. Lynn personally calls each and every donor to set them up with donation appointment times and greets all donors in the welcome center on the day of. She also provides treats for all. Lynn utilizes her day hosting by meeting new donors in the welcome center to add to her list for her next drive. Always in competition with herself to bring in more donations than the last drive. Thank you, Lynn, for raising the bar and the blood supply every single time.

	Elks Lodge	Humboldt Sponsors	CA Retired Teachers
2022	32	38	22
2023	30	50	28
2024	23	43	20
2025	32	34	52
Total= 404 donated units in 4 years			



Above: Cherie Zygaczenko donating on behalf of the CalTRA alongside Lynn McKenna.

Employee Spotlight

Our employee spotlight is being shined on a man we blood bankers all rely on heavily, because let's face it, computers and technology can be hard. Most of our donors probably haven't gotten the chance to know David, partly because he works out of the 2520 building and partly because he's behind the scenes, quietly working to make all our lives easier. David is our Rockstar Network Manager. He keeps us all connected and able to do our jobs more efficiently. We appreciate that he patiently explains our human errors and figures out how to make complex issues easier for us. The Northern California Community Blood Bank is so lucky to have him. David is knowledgeable, kind, patient and reliable, for these reasons and so many more we honor him with our Winter Good Deeds Gazette Employee Spotlight.



Donor Spotlight

Kelsie Sobol- When asked why she started donating, Kelsie said it began with her dad. "When I was little, I would go with him while he donated, and my mom volunteered in the canteen. I just remember always feeling so welcomed, and everyone was so kind. When I turned 16, Dad asked if I wanted to join him, and it was an obvious yes! At first, my *why* was simple: my dad donated, and it became a fun family tradition. As I've gotten older, the reason has deepened. It truly feels good to do good. I've always wanted to help others, and donating blood is a direct way to literally save lives. Plus, spending a couple of hours in a warm, cozy chair catching up on reading doesn't hurt. When I moved away for school, I tried donating at bigger blood centers, but they made me feel more like a product than a person. The blood bank here feels homey, and I've always felt so seen and appreciated. I didn't realize how special that was until I left, but boy, I'm glad to be back!" Kelsie has donated a little over 9 gallons at our blood center, with most of those donations being platelets.



Pictured above: Kelsie Sobol, as "the trout", joined by Kate Witthaus, CEO, as "the clown", Michelle Abram, R.N., as "the nurse," Emma Eberle, Director, I.T., as "the deep sea angler, " and April Tuttle, Donor Recruiter, as the "the spooky doll".

Employee Milestones

Logan McKenna- 5 Years! - Like many of the longtime employees of the blood bank, Logan got her start at the blood bank as a telephone recruiter. For the past few years, Logan has worked in the Donor Services department as a Donor Care Specialist. Logan is an incredible team leader and phlebotomist who brings a lot of fun to our department!

Jessica Silba- Jessica hit her **10-year** milestone with us this year! You may not see her often because she works at night, but she is in there getting it done! She is efficient and dependable, and we can always count on her to step in wherever needed.

Jessica Rayo - Jessica hit her **15-year** milestone with us this year! She is a powerhouse lab assistant who works so hard. There is nothing she can't do!

Kate Witthaus- 20 years! - Our CEO, Kate Witthaus, started at the Northern California Community Blood Bank as a lab assistant on November 28th, 2005. She later transitioned to Director of Administrative Services and then CEO! Kate is consistently active in the advocacy of blood banking nationwide and the promotion of our blood bank locally. She is a great example of what is possible for all at the Northern California Community Blood Bank.

Jo Anna Ow- We're celebrating Jo Anna, our Director of Administrative Services, for **20 amazing years** in blood banking! She started her career at the blood bank as a Donor Recruiter and truly practiced what she preached. Jo Anna is a perfect example of what it means to give the gift of life, whether through donating blood or selflessly donating her kidney to her brother. She's dedicated her life and career to saving lives, and we're so grateful to have this incredible woman on our team, leading the way every day.

2025 Staff Holiday Card Photoshoots



Blood Donor New Heights

Celebrating Community Members Reaching Blood Donation Milestones

September New Heights

3 Gallons	14 Gallons
Eugene Godinho	Philip Cramer
Elizabeth Gross	15 Gallons
Fred Hebert	Karma Christiansen
Sabrina Klinetobeh	16 Gallons
Jesse Myles	Rusty Goodlive
Wendy Pearcy	Larry Ward JR
Russ Porterfield	17 Gallons
Jeanne Sapunor	Pat Hyland
4 Gallons	David Lonn
Glenda Gabel	18 Gallons
Jesse Ludtke	Edwin Brown
Aaron Newman	Robert Stockwell
5 Gallons	19 Gallons
Michael Dennis	Larry Lage
Armando Pena	20 Gallons
6 Gallons	Martin Hauan
Debby Krukonis	Terry Raymer
Manuel Mello	21 Gallons
Terrie Ridenhour	Craig Newman
7 Gallons	23 Gallons
Lois Beshunsky	Colin Hulse
Mary Melvin	24 Gallons
Loren Pelley	Douglas Foster
8 Gallons	29 Gallons
Richard Gibson	Kathleen Cross
Alan Richmond	Ralph Miller
Mary Melvin	32 Gallons
Loren Pelley	Jack Justus
9 Gallons	49 Gallons
Alexander Berech	George Frey
10 Gallons	56 Gallons
Joyce Radelich	Steven Block
12 Gallons	115 Gallons
Ryan Wortman	LeRoy Murrell

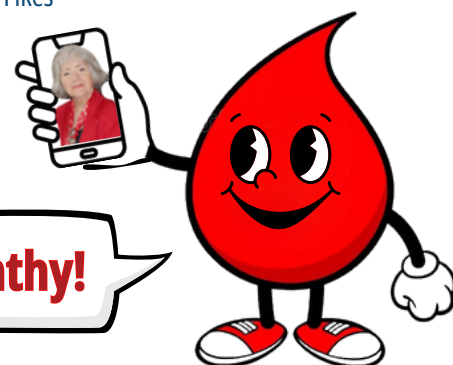
October New Heights

3 Gallons	13 Gallons
Becky Arndt	Joshua Cook
4 Gallons	Daniel Link
Eli Begley	Paul O'Connor
Travis Brunner	Jared Zystro
Patric Esh	19 Gallons
Robbin Kohn	Stanley Hino MD
Terrance Reed	21 Gallons
5 Gallons	Lucky Franklin
Bob Feldstein	Jim Ross
Maggie Hinchli	22 Gallons
Rhyan Pino	Cheyenne Eglan
Debbie Savio	Paul Jerland
Carl Willoughby	23 Gallons
Linda Wise	Steven Schlerf
6 Gallons	25 Gallons
Martha Meade	Toshio Noguchi
Karen Miller	Bob Schultze
Nancy Walsh	26 Gallons
7 Gallons	Dyrck Hughes
Lisa Crouse	27 Gallons
Lea Nagy	Fred Tempas
Chauncey Willburn	35 Gallons
8 Gallons	Guy Huddleston
Je Glavich	37 Gallons
9 Gallons	John Bracklow
Mary Meongs	40 Gallons
Russell Alber	Carole Beaton
12 Gallons	47 Gallons
Patrick Reed	Chuck Giannini

November New Heights

3 Gallons	9 Gallons
Charlotte Holland	Patricia Modine
Adam Laird	Kelsie Sobol
Patrick Collins	11 Gallons
Grace Douglass	Kathy Armstrong
Steve Luu	12 Gallons
Daniel Garcia	Jace Baldosser
4 Gallons	Daniel Kepon
Stacey Cudney	13 Gallons
Tanner Broadstock	Caroline Isaacs
Andrew Hagen	14 Gallons
Owen Farmer	Christopher Armstrong
5 Gallons	18 Gallons
Rebecca Williams	Laura Dodd
Teresa Singleton	Mike Newman
Sean Chapman	23 Gallons
Fred Benham	Katy Mathys
6 Gallons	24 Gallons
Damian Conn	Byrd Lochtie
Ron Reynolds	Charlie Caldwell II
Vanessa Hand-Pickering	30 Gallons
Mary Hull	Greg Williston
Robert Bates	43 Gallons
7 Gallons	Todd Sobol
Karen Robertson	59 Gallons
Jashawn Fields JR	Gene Joyce
8 Gallons	
Vicki Fikes	

I'm calling Kathy!



ASK ABOUT DONATING PLATELETS
 by calling Kathy at the Blood Bank

Blood Drive Sponsors

Partnering with incredible local businesses and organizations make it possible for us to be out and about in the community, reaching more donors and giving everyone in Humboldt and Del Norte the opportunity to donate and make a difference.

September 2025 Sponsors

Arcata Co-Op
Cal Poly Humboldt
College of the Redwoods
Community First Credit Union - Garberville
Eureka Natural Foods - McKinleyville
Gail Saunders - Trinidad
Gene Lucas Community Center - Fortuna
George Petersen Ins Agency - Eureka
Hydesville Community Church
Jersey Scoops - Loleta
Mary Dorman with State Farm Insurance
McKinleyville High School

McKinleyville Shopping Center
Meadows Business Park - Redway
Murphy's Market - Arcata
Murphy's Market - Eureka
Murphy's Market - McKinleyville
Murphy's Market - Trinidad
Old Town Businesses - Eureka
Pelican Bay State Prison
Pierson Building Center
Redwood Capital Bank - Eureka
Redwood Capital Bank - Fortuna
Safeway - Crescent City

Safeway - Fortuna
Safeway McKinleyville
St. Bernard's High School
The Eureka Mall
Trinidad Civic Club
Tri Counties Bank - Fortuna
Unity in the Community - Eureka
US Bank - Eureka
Veterans Hall - Ferndale
Walmart - Crescent City
Wildberries Marketplace
Willow Creek Community
WinCo Foods

October 2025 Sponsors

A to Z Eyecare
Apple Harvest- Fortuna
Cal Poly Humboldt
California Conservation Corps
Cal Trans Eureka
College of the Redwoods
College of the Redwoods - Del Norte
Crescent City Fire & Rescue
DHS Advisors
Eureka East High
Eureka City Hall
Eureka Mall
Eureka Natural Foods McKinleyville
Fieldbrook Fire Department

Fortuna Chamber of Commerce
Community Health Center
Fortuna Parks and Recreation Spook-A-Thon
Hoopa Valley High School
Humboldt Open Door Clinic - Arcata
KCRE/Bicoastal Media
Halloween Blood Drive- Crescent City
Lost Coast Brewery
Mad River Community Hospital
Mary Dorman with State Farm Insurance
McKinleyville Shopping Center
Paul's Live from Ny Pizza - Fortuna
Ray's Food Place Garberville
Redwood Memorial Hospital

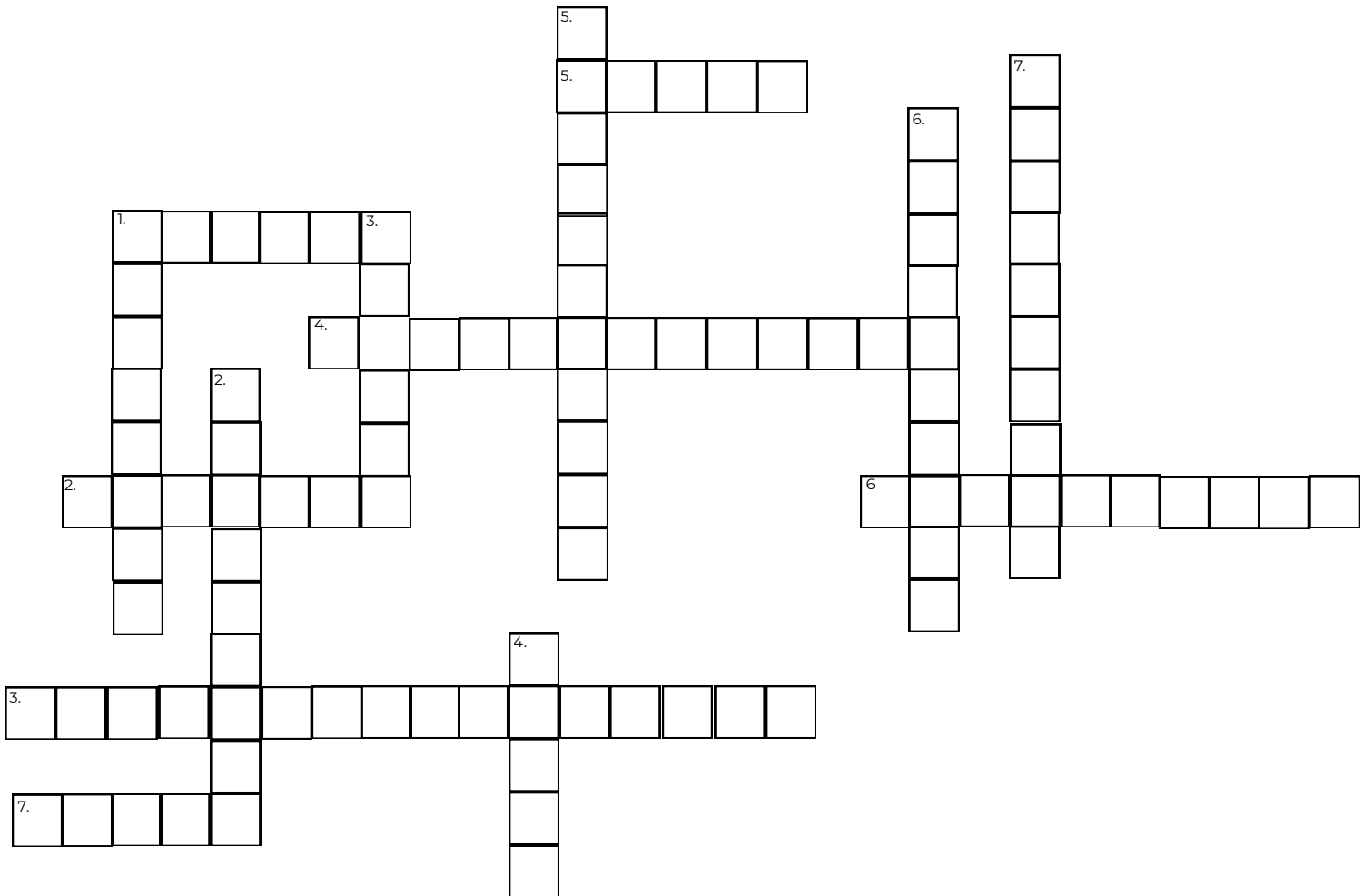
Rio Dell Community
Rotary Club of Eureka
Rotary Club of Southwest Eureka
Rotary Club of Old Town Eureka
Safeway Arcata
Safeway Crescent City
Safeway McKinleyville
Social Services Eureka
Sutter Coast Hospital
United Indian Health Services
US Coast Guard
Walmart Crescent City
Wildberries
Zoe Barnum High School

November 2025 Sponsors

Arcata High School
Blue Lake Casino
Blue Lake Rancheria
Cal Poly Humboldt
Changing Tides
College of the Redwoods
Eureka Community Health Center
Eureka Mall
Eureka Veterans Clinic
Ferndale High School

Fortuna High School
Humboldt County Office of Education
Hydesville Community Church
McKinleyville Shopping Center
North Coast Co-Op
Pelican Bay State Prison
Pierson's Building Center
Premier Financial Group
Rays Food Place Fortuna
Rays Food Place Garberville

Safeway Crescent City
Safeway Arcata
Safeway Fortuna
Safeway McKinleyville
Six Rivers Brewery
Valley Pacific Petroleum Services
Walmart Crescent City
Wildberries Market Place
Winco
Wing Inflatable



Across:

1. What you can donate on an Apheresis machine.
2. Temporary or permanent restriction from donating.
3. Systems to ensure safety and standards.
4. They carry oxygen from the lungs to cells in all parts of the body and take carbon dioxide back to the lungs from the cells.
5. This person has donated the most blood at our blood bank, surpassing 115 gallons.
6. Your donation gets separated into how many different components?
7. Number of lives saved by one donation.

Down:

1. What you can donate on an Apheresis machine
2. Universal donor.
3. A condition where your blood lacks enough healthy red blood cells or hemoglobin.
4. The name of the Northern California Blood Banks mascot.
5. A mobile blood donation center.
6. Life-threatening bleeding.
7. The soft tissue inside bones that produces red blood cells (RBC), white blood cells (WBC), and platelets.