

Putting Her Heart Into Every Mile And Every Donation

At Northern California Community Blood Bank, we're lucky to have incredible donors who go above and beyond, and Erin McBride is one of the very best. Erin has given more than 14 gallons of blood and platelets, helping save countless lives in our community. Her dedication to giving is nothing short of inspiring.

Now, Erin is taking her commitment even further. She is asking for support in a mission close to her heart: ensuring access to cures and treatments for those battling blood cancer. As part of a passionate team, Erin is "putting her best fundraising foot forward in honor of all those fighting blood cancer."

On Sunday, June 7th, 2026, Erin will participate in a full century ride at America's Most Beautiful Ride in Lake Tahoe, joining hundreds of determined athletes in the fight against blood cancer. Her goal is to raise \$5,000, with all proceeds going directly to Blood Cancer United and its long-standing vision of a world without blood cancer.

We are so proud of Erin and her unwavering commitment to saving lives and making a lasting impact beyond the donation chair. Join us in supporting her and her journey. If you would like to help Erin reach her goal, please visit: <https://pages.ils.org/tnt/team/ambbr26/EMcBride>.



Follow the QR
code to support
Erin's fundraising
efforts.



Blood Cancer in the U.S.

Blood cancer accounts for about 10% of all new cancer diagnoses each year, making it one of the more common categories of cancer worldwide. It affects the production and function of blood cells, often beginning in the bone marrow or within the lymphatic system. The three primary types of blood cancer are leukemia, which impacts the blood and bone marrow; lymphoma, which affects the lymphatic system; and myeloma, which targets plasma cells responsible for producing antibodies. Because these diseases interfere with the body's ability to produce healthy blood cells, patients frequently experience complications such as anemia, infections, and excessive bleeding.

As a result, many individuals undergoing treatment rely heavily on regular blood transfusions to stabilize their condition and maintain their strength. These transfusions are not just supportive; they are often life-sustaining, helping patients endure chemotherapy, recover from procedures, and continue their fight against the disease.

In the United States, someone is diagnosed with a blood cancer approximately every three minutes; even more sobering, a life is lost to blood cancer about every nine minutes. Today, more than 1.5 million people in the U.S. are living with or in remission from blood cancer. Donating blood is one of the simplest ways to make a real difference. For someone battling blood cancer, it can mean more time, more strength, and another chance to keep fighting.

Employee Spotlight: The heart of the Blood Bank

If you've ever walked into the blood bank, you've probably been greeted by one of the friendliest faces around, Kathy. She began as a Donor Care Specialist and has grown into her roles as Welcome Center Coordinator and Apheresis Recruiter with grace and enthusiasm. Kathy's job can be very demanding, but she tackles every challenge with a "can-do" attitude. Her warmth and charm can turn any hesitant donor into a lifesaver, and every effort she makes goes towards saving countless lives. We are so grateful to Kathy for her positivity, dedication, and tireless commitment. She is truly appreciated by everyone here at the blood bank.



Donor Spotlight: Dedication, Donations and Days in the Sun with Bodhi

Rob Ayers has been a dedicated part of the Blood Bank since 2004. What started as whole blood donations quickly turned into a deeper commitment, as he became a regular, reliable platelet donor. Just shy of an incredible 33 gallons, Rob has given not just his blood, but countless hours of his time to help others. He has also contributed towards new blood mobiles, further supporting the mission beyond his donations. As a regular, Rob has become a familiar face, and so has his beloved pup, Bodhi, who could often be found soaking up the sun in the back of his dad's truck during donation days. Bodhi was a sweet, loyal companion who will be deeply missed here at the blood bank, and his memory adds an extra layer of meaning to the time Rob continues to give in service of others.



Sponsor Spotlight

Recology's commitment to community impact continues to grow at its Eel River Valley location, where the team recently hosted its second annual blood drive, which was a great success. Building on last year's momentum, this year's drive once again highlighted the power of local partnerships and dedicated leadership.

A special recognition goes to Kris Mobley, who helped organize and host the event for the second year in a row. His continued effort and enthusiasm have helped turn this blood drive into a meaningful tradition. From coordination to rallying donors, Kris played a key role in ensuring the day ran smoothly and added a personal touch that made the experience even more memorable. He treated donors to his famous homemade chili and set up cornhole, giving them a fun, welcoming way to relax while waiting for their turn on the bloodmobile.

The turnout speaks volumes; 27 donors arrived ready to give, resulting in 22 units of life-saving blood collected. Events like this reflect Recology's strong commitment not only to environmental stewardship but also to the health and well-being of the communities it serves. With leaders like Kris, the Eel River Valley blood drive is quickly becoming an inspiring example of how businesses and individuals can come together to make a lasting difference.



Introducing: Platelet Perks!

Since platelet donations take more time and commitment, we will be offering extra perks to say thank you. Our Platelet Perks Punch Card Program recognizes the dedication of these donors and the vital role they play in saving lives. This Spring, once a punch card is filled, platelet donors can choose between two options: a **\$20 gift card to Ramone's Bakery & Café** or a **gift box from Humboldt Marketplace filled with local goods**. These perks are a small token of appreciation for a truly lifesaving contribution.

Why Platelets Matter: While whole blood donations are vital, platelet donations are equally critical and often less understood. Platelets are used daily to help patients facing serious conditions. Because platelets have a short shelf life, there is a constant and urgent need for platelet donors. Building a strong and reliable platelet donor base is essential to meeting patient needs.

Celebrating Donor Milestones

The Northern California Community Blood Bank is committed to saving lives, and when you donate, you are too. Whether you're reaching your first gallon or considering platelet donation, every step you take helps strengthen our community's health. Your donation matters, and every donation makes a difference, but repeated generosity deserves special recognition. That's why we celebrate our dedicated donors as they reach important milestones in their lifesaving journey. As a frequent and valued blood donor, you'll receive a special thank-you as you reach each gallon milestone:

- 1 Gallon – License plate frame
- 3 Gallons – Your name on the lobby Honor Roll
- 5 Gallons – Blood bank mug
- 10 Gallons – Blood bank shirt
- 12 Gallons – Dinner for two
- 14 Gallons – Photo featured on the Donor Wall
- 20 Gallons – Sweatshirt
- 30 Gallons – Local goods gift

With each new gallon milestone, your commitment will also be publicly recognized in the North Coast Journal.

Behind the Platelet Perks Program: Keeping it Local



Humboldt Marketplace has been collaborating with Humboldt County's food and artisan scene for nearly two decades, curating locally made products that showcase the region's unique flavors. Thanks to the generosity of Stacey McNeil, a portion of the Platelet Perks gift boxes, featuring an assortment of local goods, has been donated. These boxes not only serve as a thoughtful incentive for donors but also help showcase the incredible products made right here in Humboldt County. To share a true "taste of Humboldt" with friends and family across the country, visit humboldtmarketplace.com



Ramone's Bakery & Café is more than a place for freshly baked bread or morning coffee, it's a community staple. Their dedication to the community goes beyond its great food and friendly service. In support of our mission, Ramone's is partnering with us

to contribute a \$20 gift card for our Platelet Perks program. You can visit any of their five locations around Humboldt, including Wildberries Marketplace in Arcata, McKinleyville Shopping Center, on Broadway inside Pierson's Building Center, downtown on E St in Eureka, or conveniently stop by the Harrison Avenue café before or after your donation. Visit their website for more information at ramonesbakery.com

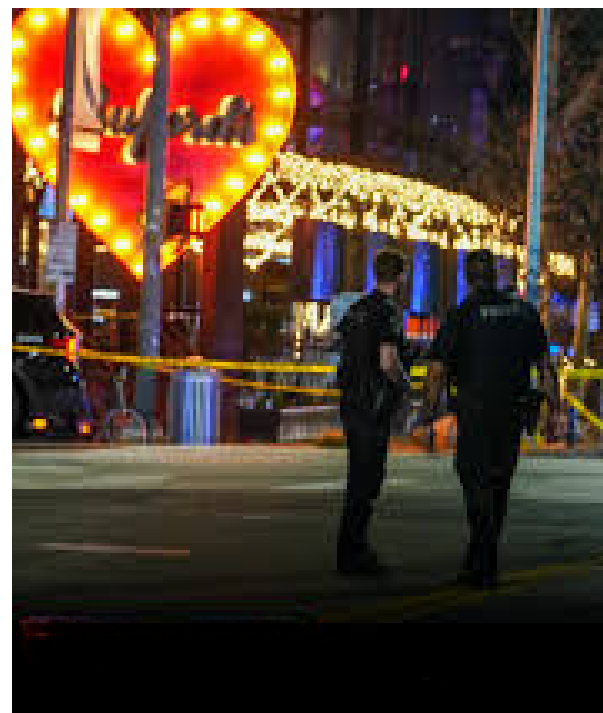
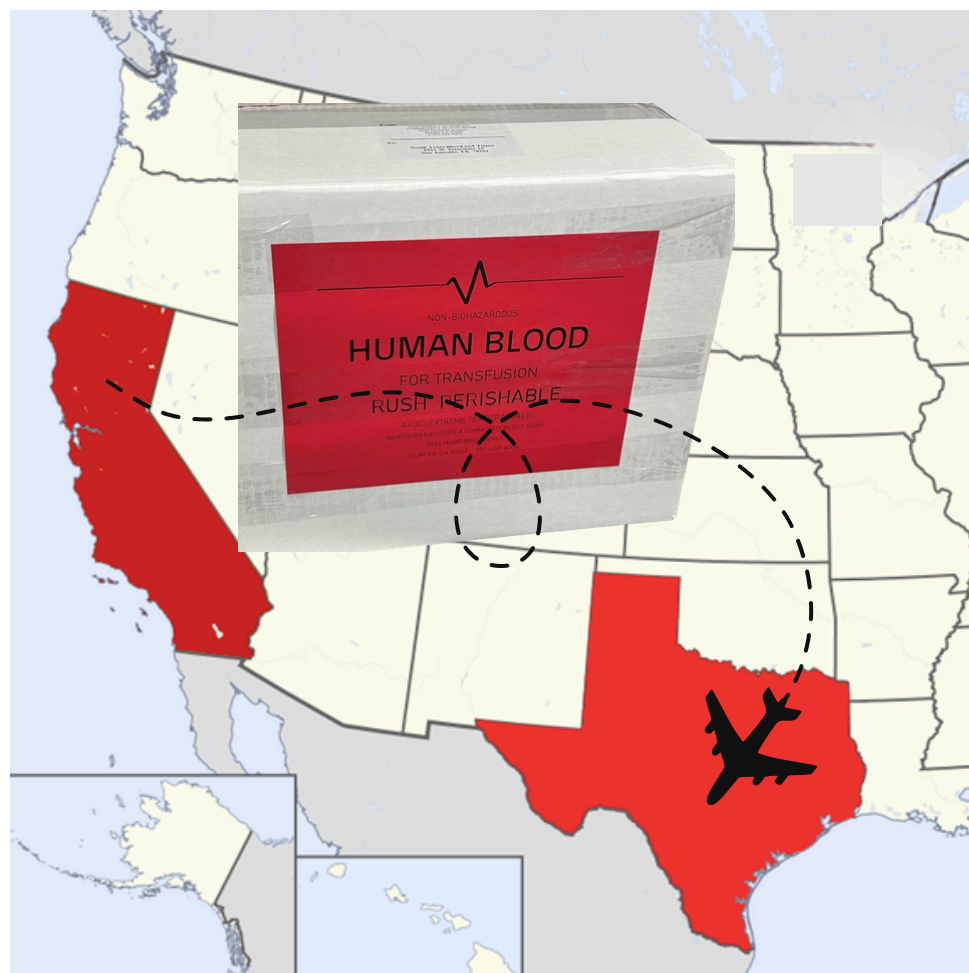
Recent BERC Activation Update

The Northern California Community Blood Bank was among 12 blood providers nationwide who responded to the emergency activation of the Blood Emergency Readiness Corps (BERC) following the mass shooting in Austin, Texas, on March 1, 2026.

The shooting occurred around 2 a.m. local time as bars were closing in a popular entertainment district. Two people were killed, and 14 others were treated for injuries.

In response, BERC activated its emergency protocol, calling on member blood centers on rotation that week to ship additional red blood cell units to support hospitals in the affected region. The supplemental blood supply helped to meet immediate transfusion needs for the injured and replenish local inventories, ensuring that ongoing patient care was not disrupted.

This past activation underscores the network's vital role in stabilizing blood supplies during mass casualty events. The Northern California Community Blood Bank is proud to be part of BERC and to see the far-reaching impact of its work in times of crisis. We're able to participate in BERC thanks to our generous local donors, whose continued support helps us maintain a reserve blood supply ready for emergencies, wherever needed.



BERC was established to help blood providers quickly meet transfusion demands during large-scale emergencies. Through a rotating on-call system, participating centers collect extra units in advance, creating a ready reserve that can be deployed without delay in the event of a crisis. While we are proud to be part of this program and to serve wherever we are needed, BERC also acts like a safety net for us—providing support here on the Pacific North Coast if we ever face a mass transfusion crisis.

High School Blood Drives

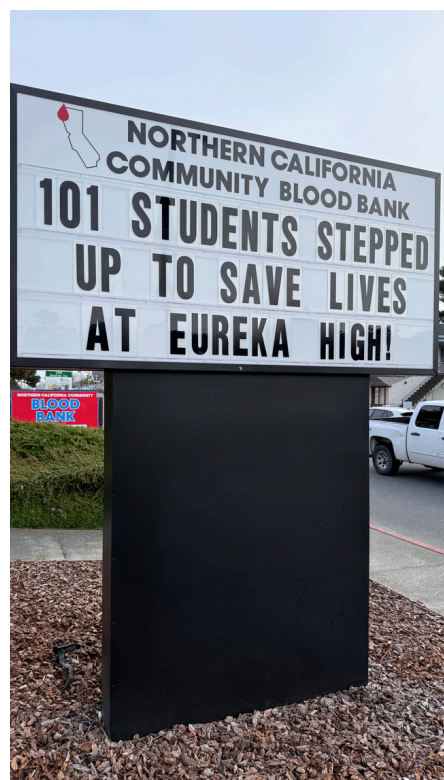
We are gearing up for the final high school blood drives of the 2025–2026 school year. As we prepare for upcoming drives at Arcata High School, Del Norte High School, and Fortuna High School, we're also taking a moment to recognize the incredible success we've seen across our local schools this year. From St. Bernard's Academy's record-breaking participation, to seeing over 100 donors at Eureka High, to the truly remarkable results at McKinleyville High School, it's been an outstanding year for student donors.

While McKinleyville High may not hold the record for the most donors, they now hold something just as impressive: the record for the fewest deferrals. Out of 57 donors, including 20 first-time donors, only 2 were deferred. In the world of blood banking, that is an extraordinary accomplishment.

High school blood drives often come with unique challenges. Students are more likely to be deferred due to not meeting requirements for weight, iron levels, or health history, and many are navigating the donation process for the very first time. It's also common for students to arrive unprepared, even skipping meals, not hydrating enough, or underestimating the importance of nutrition leading up to their appointment. That's why a result like McKinleyville High's is so noteworthy. Their success highlights just how important preparation is. Drinking plenty of water, eating a healthy, balanced breakfast (coffee alone does not count), and focusing on iron-rich foods in the days leading up to donation can make a significant difference. Simple steps like these not only help reduce deferrals but also ensure donors feel better during and after their donation.

High school blood drives play a critical role in maintaining a strong and reliable blood supply. They introduce students to donation early, helping build lifelong habits of giving and creating the next generation of committed donors. At a time when donations have declined in many areas, the participation and enthusiasm of student donors are more important than ever.

As we head into our final drives of the school year, we look forward to continuing this momentum and working with students, staff, and volunteers to make each event a success. And remember, you don't have to wait for a school drive to donate. Our bloodmobiles travel from Garberville to Crescent City, Monday through Saturday, making it easy to find a convenient time and location. Visit nccbb.org to view the full mobile schedule and blood center hours.



Plasma: The Lifesaving Liquid in Blood

When most people think about donating blood, they think whole blood donations, but one of the most powerful parts of blood is actually plasma, the pale-yellow liquid that makes up about 55% of our blood. Plasma may not get the same attention as red cells, but it plays a crucial role in saving lives.

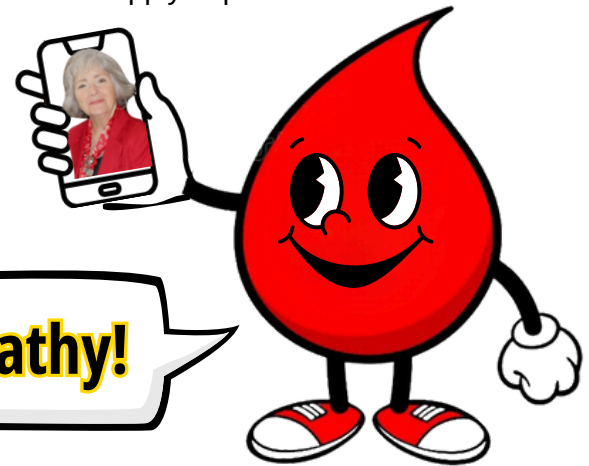
Plasma is packed with proteins, clotting factors, and antibodies, making it incredibly versatile in medicine. One of its primary uses is replacing blood volume in patients who have lost significant amounts due to trauma, surgery, or severe burns. By restoring fluid balance and maintaining blood pressure, plasma helps stabilize patients in critical condition. Another vital function of plasma is supporting clotting. Patients with bleeding disorders, like hemophilia, or those whose liver disease affects clotting, rely on plasma transfusions to prevent dangerous bleeding. Plasma also provides immune support. Its antibodies can be used to create therapies for patients with immune deficiencies, helping protect them from infections. In certain autoimmune diseases, doctors can perform a plasma exchange, removing harmful antibodies and replacing them with healthy plasma to improve patients' conditions.

In short, plasma is the support system of blood and is essential for clotting, immunity, and keeping patients stable in emergencies. While red blood cells carry oxygen, plasma helps keep the body functioning under the most stress.



Why We Don't Pay for Plasma

When people think about plasma donation, they might wonder why we don't pay donors, while other types of plasma collection sometimes offer compensation. The answer comes down to safety, ethics, and trust. Blood banks rely on voluntary, unpaid donations to ensure the safest possible supply. Studies have shown that paying donors can increase the risk of collecting plasma from individuals who might hide medical conditions or risky behaviors. Volunteers, on the other hand, are more likely to provide accurate information about their health. Voluntary plasma donation not only helps maintain public trust in a safe, reliable way, but it also protects blood centers financially. Collecting blood is expensive, and when donations from high-risk behavior are later deemed unsafe and discarded, it strains already tight budgets. Unpaid, carefully screened donations help ensure that every unit collected is safe for patients and that scarce resources are used effectively to keep the blood supply dependable. Ethics also play a major role. Blood donation is considered a gift of life, not a commodity. Paying donors could create pressure for people in financial need to donate, raising concerns about exploitation or coercion. Regulations reinforce this approach. The FDA and organizations like The American Association of Blood Banks (AABB) requires that plasma used for direct transfusions can be donated voluntarily. While some plasma collected for manufacturing plasma-derived products may involve compensation, standard transfusions must come from unpaid donors. By keeping plasma donation, voluntary and unpaid, blood banks ensure the integrity of the blood supply. Every carefully screened donation helps save lives while making the best use of limited resources. The system depends on the commitment and generosity of unpaid blood donors, whose consistent donations provide life-saving hope for patients who need it most.



I'm calling Kathy!

Call Kathy at 707-443-8004

If you're ready to

DONATE PLATELETS OR PLASMA

Why Donated Blood Remains Irreplaceable in Modern Medicine

Despite decades of scientific advancement, one critical medical resource still cannot be manufactured: human blood. While researchers have made significant progress in many areas of medicine, there is still no artificial substitute that can fully replace donated blood. As a result, volunteer donors remain the only source of this lifesaving resource.

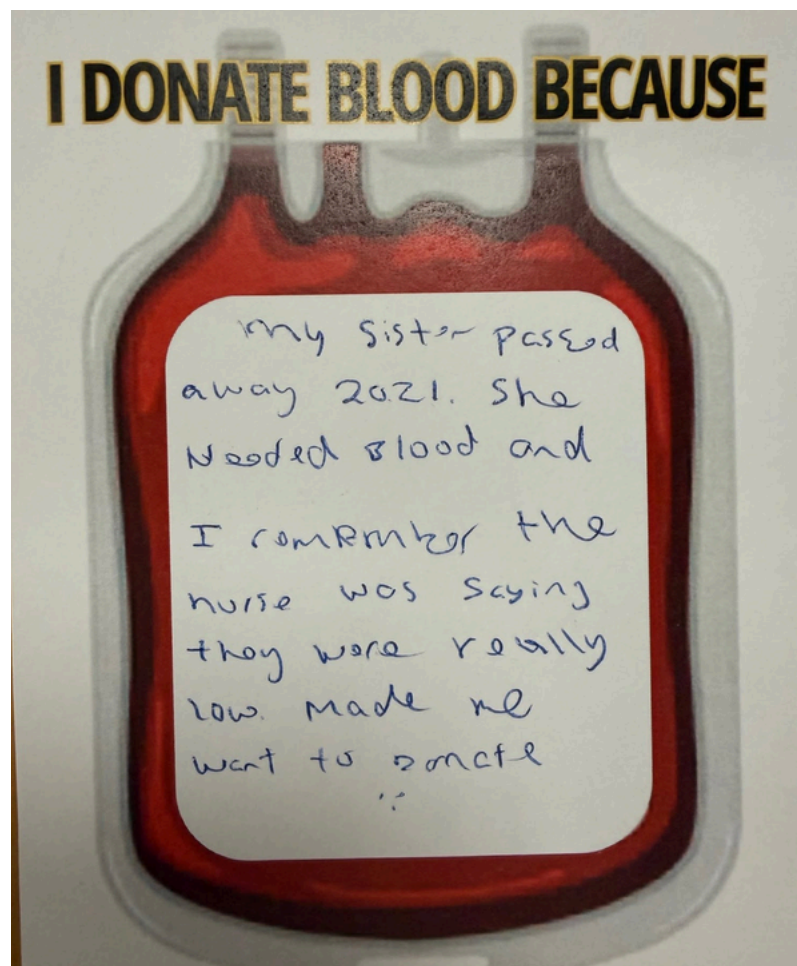
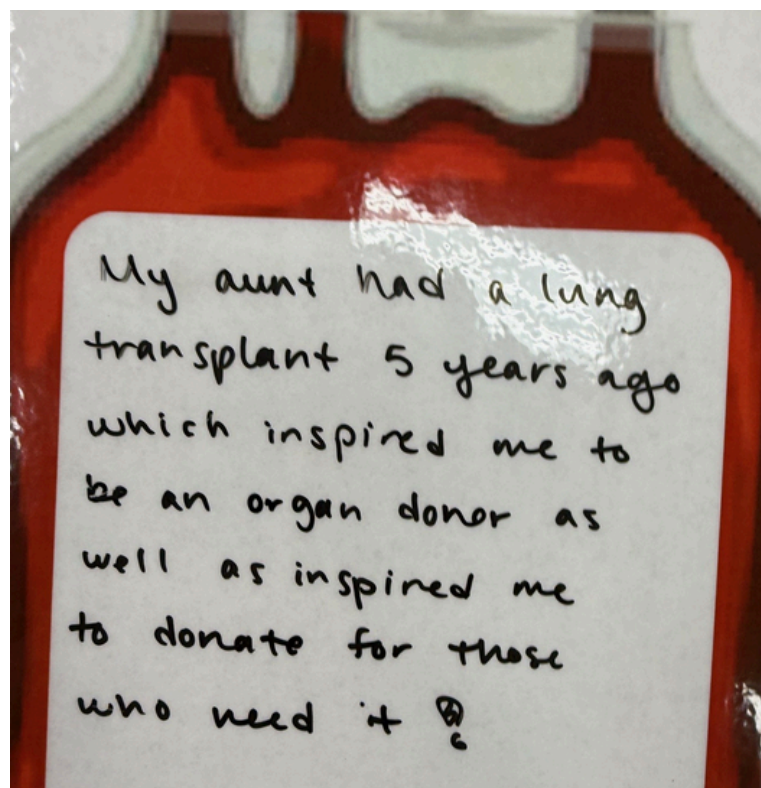
Blood is far more complex than it may seem. Rather than being a single substance, it is a living tissue composed of multiple components that work together to keep the body functioning. Red blood cells carry oxygen throughout the body, white blood cells help fight infection, platelets enable clotting to stop bleeding, and plasma transports nutrients, hormones, and proteins. Each of these components has a unique role, structure, and lifespan, making it extremely difficult to recreate them synthetically in a way that works safely inside the human body.

Scientists have attempted to develop artificial blood substitutes, primarily designed to carry oxygen in emergency situations. While these experimental products have shown some promise, they fall short of replacing real blood. They lack essential components such as platelets and clotting factors, and are not suitable for most medical needs. Because blood cannot be manufactured, hospitals depend entirely on donated blood to treat patients. From emergency trauma care and surgeries to cancer treatments and chronic illnesses, transfusions are often essential, and they rely on real people choosing to donate. There is no backup supply and no laboratory alternative that can meet this ongoing demand. Adding to the challenge is blood's limited shelf life. Red blood cells can be stored for about 42 days, while platelets last only five to seven days. This means blood banks must continuously collect donations to maintain an adequate supply for patients in need.

In an era of rapid medical innovation, blood donation remains one of the few areas where human generosity cannot be replaced by technology. No machine or laboratory can replicate what donors provide.

Blood donation is a volunteer service. Still, there is no substitute for human blood. Blood and platelets cannot be manufactured; they can only come from volunteer donors. The blood that is on hospital shelves comes solely from donated units. Blood and platelet donors are heroes who help ensure an adequate supply of blood is available for patients in need. While donors may never meet the recipients of their generous gift, they can be confident in the impact their donation has on patients battling illness and injury, and how much it is appreciated.

Real Stories Behind the Donation



Clearing up Blood Donation Myths: Be a Fungi and Save Lives!

When it comes to donating blood, people often come up with reasons to hold back, but many of these are more like excuses than real barriers. The truth is, most people who think they can't donate actually can. Let's clear the air (or should we say the forest floor?) and break down some of the most common myths. Below are some common *spore-excuses* and the truth behind them:

"Someone else will donate."

This is a big one. Blood donation relies on volunteers, and shortages often happen when people assume others will step up to donate.

"I have a new tattoo or piercing."

If it was done with sterile, single-use equipment in a regulated facility and it's no longer healing, you are good to go. Otherwise, a short deferral may apply.

"I just got a vaccine."

Most vaccines don't prevent you from donating unless you received them the same day.

"I take injectable medications."

Medications like GLP-1s (including Ozempic), vitamins, or allergy shots are fine- as long as they weren't taken the same day as your donation.

"No one ever asked me to donate."

Consider yourself invited. No special invitation required.

"I'm too young."

If you're at least 16 years old, you can donate with parental consent.

"I'm too old."

There's no upper age limit! If you're healthy and feeling well, you're good to go.

"I have low iron."

Iron levels are checked before every donation. If you don't qualify one time, you can try again after improving your levels.

"I already gave this year."

Great! But you can donate every 8 weeks, that's up to six times per year.

"I'm too busy."

The actual donation takes less than 10 minutes, and the whole visit is about 45 minutes. That's less time than most coffee runs.

"I have high blood pressure or diabetes."

You can still donate if your condition is under control, even if you take medication.

"I'm nervous about giving blood."

Totally normal. Most people feel this way at first. Once you donate, you'll likely wonder why you waited so long.

"It's really painful."

Most donors say it feels like a quick pinch, and then it's over. The discomfort is minimal and very brief.

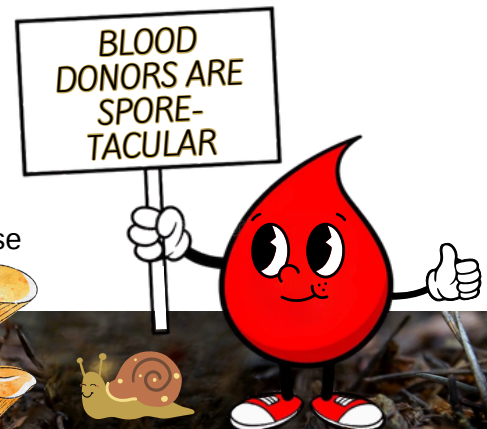
"You wouldn't want my blood because of a past illness."

If you're unsure, call and ask! A nurse can help determine your eligibility.

"My blood type isn't needed."

Every type is needed!

The bottom line is, if you feel healthy and pass the quick pre-screening process, you're likely eligible to donate. And if you're ever unsure, it's always worth asking. So next time you think of skipping out, remember that might just be a spurious excuse and your donation could make a life-saving difference.



THE GOOD DEEDS GAZETTE

NCCBB.ORG | 2524 HARRISON AVE EUREKA, CA | (707)-443-8004

SPRING 2026 EDITION



This past February, Gene Joyce celebrated his 60th birthday in the most selfless way possible, by donating his 60th gallon of blood. That's decades of showing up, rolling up his sleeve, and helping save lives in our community. Gene, your generosity is more than a milestone; it's an inspiration. Happy Birthday, and thank you for making a difference, one donation at a time.



The Eureka Woman's Club celebrates an incredible milestone of 125 years of service. We are grateful for their partnership this past March, joining us at the blood center to host a very successful blood drive. We would also like to recognize Donna for donating her 11th unit of blood, an inspiring contribution to have made on behalf of her club.



LeRoy Murrell was part of the inaugural group of donors at our current blood center in 1994, being just 1 of the first 8 donors to give. That certainly was not the start of his blood donation history, however. Leroy started donating at the age of 18. After 65 years of donating, this past December marked LeRoy's 116th gallon. We are honored to recognize LeRoy's commitment to saving lives!



The Humboldt County Animal Shelter received a call from a nearby veterinary clinic seeking a calm dog over 60 pounds to donate blood. At around 70 pounds, sweet Hobbes was the perfect choice. Thank you, Hobbes, we are so proud of you. And the best news of all is that Hobbes is no longer on the adoption page. Hobes went to live with his his forever family this past February!



Blood Bankers celebrated St. Patrick's Day with a delicious potato bar and a friendly competition of creativity. Staff assembled festive floats, with the winning float displaying an actual onion garden.

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The Boone family has made donating together a tradition, collectively donating over 5 gallons. This past December, they joined Sydney as she gave her very first donation. Thank you, Boone family, for your commitment to saving lives.



Humboldt Sponsors proudly welcomed 45 donors at their Seventh Annual Blood Drive. Thanks to their continued dedication and enthusiasm, they have now reached an incredible total of 79 donors contributing to our community blood bank.



We are so thankful for Ferndale Fire Department for hosting and cooking dinner for our donors! Ferndale Fires' February blood drive was a huge success; we saw 42 donors and collected 38 units of life-saving blood!



Jessica used to come in with her dad when he donated- now she's old enough to donate too! Thank you, Alex, a 9-Gallon donor, for passing on the gift of giving and leading by example.

Saturday Mobile Blood Drives

We're excited to roll out a full lineup of Saturday bloodmobile drives this spring and early summer, making it even easier to donate on the weekend. Join us at upcoming community events, including April 18th at Frankie's New York Bagels before the Humboldt Roller Derby match, May 2nd at the Fortuna Mother's Day Market, May 9th at the Del Norte Fair Ground for Heroes and Helpers, and May 23rd in Arcata during the Kinetic Grand Championship.

June brings even more opportunities, with two drives on June 6th, donate at Trinity Diesel or in McKinleyville at Pony Express Day's, followed by June 13th at Oyster Fest and June 20th at the Redwood Acres Fair.

Stop by and contribute to a strong local blood supply while enjoying some of the North Coast's favorite events.

Please visit our website at nccbb.org to view our mobile schedule.



Upcoming Blood Drives:

Veterans Memorial Hall

BLOOD DRIVE

Wednesday April 22TH

4 P.M. - 7:30 P.M.

1100 Main Street, Ferndale

**Support your community
in the best way, donate
blood at Ferndale Veterans
Memorial Hall and enjoy
dinner made possible by
our incredible sponsors!**



**For questions about donating blood please call
707-443-8004 or visit nccbb.org**

BATTLE OF THE HOSPITALS



SUPERHEROS NEEDED!



VS



VS



**Monday
June 15th
through
Friday,
June 19th
Location dates
and times to
come.**



VS



Elks Lodge 652

**7th Annual Blood Drive
Wednesday, May 6th**

Elks Lodge Blood Bank
445 Herrick Ave & 2524 Harrison Ave
12pm - 6pm 8am - 7pm

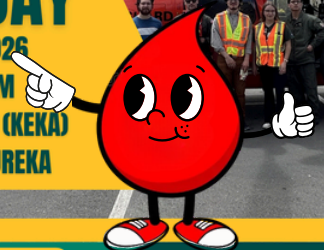
**Please Call Lynn McKenna at
707-443-9106 to make an
appointment. Walk-ins welcome,
appointments given priority.**



**DONATE ON THE
BLOODMOBILE AT**

AIRPORT DAY

**FREE SATURDAY 4/25/2026
10:00AM - 2:00PM
MURRAY FIELD AIRPORT (KEKA)
4102 JACOBS AVE, EUREKA**



OPEN TO THE PUBLIC! ALL AGES!

- Aircraft On Static Display
- Talk With Local Pilots
- Model Aircraft Display
- Cal Fire Helicopter
- Coast Guard Fly By
- Rescue Equipment
- And MUCH MUCH more...

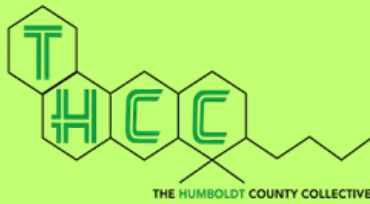


**Scan for more
information**



Airport Day 2026 was arranged by the Cal Poly Humboldt Aviation Club with support from the Humboldt County Department of Aviation.

Lets celebrate **420** together this year!



Donate on the bloodmobile at
The Humboldt County Collective
1662 Myrtle Avenue, Eureka
Monday, April 20th
10am to 4pm

We will hold
your spot in
line while you
donate.

For questions please call
the blood bank at 707-
443-8004 or visit our
website at nccbb.org



BLOOD, SWEAT AND BEERS!



Donate blood at either drive
below and skate away with a
FREE BEER at the April 18th
Roller Derby Game!



Wed, April 15th 2026
8:00am - 7:00 pm



Northern California
Community Blood Bank
2524 Harrison Ave, Eureka



Sat, April 18th 2026
10:00am - 4:00pm



Frankie's NY Bagels
3750 Harris Street, Eureka



For questions about donating blood please call
707-443-8004 or visit nccbb.org



FRANKIE'S

NEW YORK BAGELS



POTTER

Real Estate Group, Inc.

is hosting a

BLOOD DRIVE



Wed, June 3rd

11am - 4pm

873 2nd St, Crescent City



Please use QR Code to make an appointment.
Walk-ins welcome!
Appointment given priority.

FREE FAMILY FRIENDLY EVENT!

HEROES & HELPERS DAY

**DONATE ON THE
BLOODMOBILE**

SAT, MAY 9TH
12-3PM

**DEL NORTE COUNTY
FAIRGROUNDS
CRESCENT CITY, CA**

★ Meet Heros & Helpers
in your Community

★ Touch a Truck, a
Helicopter, & MORE!

★ First Responder &
K9 Demonstrations

★ Local Resources
& Services



FOR QUESTIONS ABOUT DONATING PLEASE CALL 707-443-8004

THE GOOD DEEDS GAZETTE

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SPRING 2026 EDITION



Northern
California
Community
Blood Bank

Blood Donor New Heights

Celebrating Community Members Reaching Blood Donation Milestones

December New Heights

3 Gallons	15 Gallons
Cindy Lyman	Ray Doyle
Kim Peterson	19 Gallons
4 Gallons	Winston Papstein
Timothy Wilson	20 Gallons
Joshua Rodrigues	Rick Kimberling
Kylee Savio	22 Gallons
Evelyn Davis	Chuck Petty
6 Gallons	28 Gallons
David Walkley	Robert Sherman
7 Gallons	30 Gallons
Steve Hamilton	Jerry Miller
8 Gallons	32 Gallons
Kash Boodjeh	Rob Ayers
David Tuttle	38 Gallons
9 Gallons	Marlene Mattison
Angela Winogradov	48 Gallons
Skeeter Farnsworth	George Frey
Linda Stockwell	54 Gallons
10 Gallons	Patricia Hoy
Marc Chaton	83 Gallons
Clay Speaker	Bruce Stephens
11 Gallons	116 Gallons
Randy Wilson	LeRoy Murrell
Colleen Sagaser	
Ian Strobe	
Donna Makaiwi	
John Robey	
12 Gallons	
Erik Helge Simonsen	
14 Gallons	
Karl Ferguson	

January New Heights

3 Gallons	10 Gallons
H Patrick Evans	Cheryl Saunders
Ross Miller	Heather Frey
Richard Browne	David Callow
Pam Dressler	Brian Gonzalez
Tim Call	Kris Kitna
Louise Mason	Marge Boyles
Ruth Fairfield	12 Gallons
4 Gallons	Russell Faulkner
Graham McGibbon	Russell Alber
Larry Hull	Kathy Johanson
Laura Smither	Sue Peacock
Mitchell Insolo	13 Gallons
Tesilya McCarthy	Ken Shealor
Michael Flanagan	14 Gallons
5 Gallons	Russell Owsley
Blake Stewart	19 Gallons
Michael Lake	Allan Wiegman
Liz Martin	20 Gallons
6 Gallons	Ted Stewart
Matthew Kidwell	30 Gallons
Bob Krohn	Kathleen Cross
Irene Funk	34 Gallons
Roy Kortus	Bob Werner
7 Gallons	39 Gallons
Ben Morehead	Malcolm Campbell
John Yoltan	42 Gallons
Mike Ransford	Matthew Ziesak
8 Gallons	45 Gallons
Nancy Reichard	Lynn Berner
9 Gallons	56 Gallons
Beverly Ward	Dal Lemmon
John Praytor	

February New Heights

3 Gallons	9 Gallons
Pamela Forbes	Thomas Lowry
Pablo Campos	11 Gallons
Jared Hurlbutt	Todd Becker
Leslie Ekker	12 Gallons
Moctezuma	Bruce Kessler MD
Merezko	14 Gallons
4 Gallons	Jared Zystro
Dave Drennan	15 Gallons
Chaz Lord	David Schlosser
Francis Rivinus	Corinna Kitchen
Heidi Erickson	16 Gallons
Michael Sawyer	April Joyce
5 Gallons	Larry Lanferman
Patric Esh	17 Gallons
Alexandria Sullivan	Peter Rasmussen
Jessica Lee	19 Gallons
Jillian Eymann	Donna Bellairs
Elli Kimbauer	23 Gallons
6 Gallons	Robert Parton
Paul Hilton	Gloria Brooks
Kara Hughes	25 Gallons
Paul Kinsey	Charlie Caldwell II
Stan Strouss	26 Gallons
Doug Kotterman	Judy Stapp
Roxanne Haatvedt	41 Gallons
Sherilyn Munger	Carole Beaton
7 Gallons	60 Gallons
Abigail Fillman	Gene Joyce
Robert Bates	
8 Gallons	
Patti Donovan-Skweir	
Rick Willits	

Congratulations to our blood bank employees who have recently reached new heights!

4 Gallons- Kylee Savio, Donor Care Specialist

4 Gallons- Laura Smither, Donor Services Operations Manager/ RN

5 Gallons- Alexandria Sullivan, Administrative Assistant



THE GOOD DEEDS GAZETTE

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SPRING 2026 EDITION



Blood Drive Sponsors

Partnering with incredible local businesses and organizations make it possible for us to be out and about in the community, reaching more donors and giving everyone in Humboldt and Del Norte the opportunity to donate and make a difference.

December Sponsors

Arcata Co-Op
Cal Poly Humboldt
Cal Trans -Eureka
California Conservation Corps
Del Norte High School
Eel River Brewery Company - Fortuna
Eureka High School
Eureka Natural Foods - McKinleyville
Eureka Police Dept
Ferndale Community
George Petersen Ins Agency
Mad River Community Hospital
Mary Doorman State Farm Insurance
McKinleyville Shopping Center
Old Town Businesses- Eureka
Paul's Live from NY Pizza - Fortuna
Rays Food Place - Fortuna
Redwood Capital Bank - Eureka
Redwood Capital Bank - Fortuna
Redwood Memorial Hospital
Rio Dell Community
Rohner Park - Fortuna
Safeway - Arcata
Safeway - Crescent City
Safeway - Fortuna
Seventh-Day Adventist Church -Fortuna
Social Services Koster
Southern Humboldt Health
United Indian Health Services
Walmart - Crescent City
Wildberries Market Place

January Sponsors

Cal Poly Humboldt
College of the Redwoods
College of the Redwoods - Crescent City
Columbia Bank - Arcata
Community Resource Center - Rio Dell
CO-OP - Arcata
Eureka Community Health and Wellness Center
Eureka Mall
Eureka Natural Foods - McKinleyville
Farmers/Matsen Insurance - Arcata
Fortuna Community Health Center
Humboldt County Office of Ed
Humboldt Open Door - Arcata
Loleta Community
Old Town Businesses
Pelican Bay State Prison
Pierson Building Center
Rays Food Place - Fortuna
Rays Food Place - Garberville
Redwood Rural Health - Redway
Safeway - Arcata
Safeway - Crescent City
Safeway - Fortuna
Safeway - McKinleyville
Seventh Day Adventist Church - Eureka
Shopping Center -McKinleyville
Six Rivers Brewery - McKinleyville
Soroptimist of Humboldt
South Fork High School
US Bank -Eureka
Walmart - Crescent City
Wildberries Market Place

February Sponsors

Cal Poly Humboldt
California Conservation Corps - Fortuna
City Hall - Eureka
College of the Redwoods - Eureka
Department of Health and Human Services - Koster
Eureka Mall
Eureka Natural Foods - McKinleyville
Ferndale Community
Ferndale Fire Department
Fieldbrook Fire Department
Green Diamond Resource Co.
Highline Nursery
Humboldt Sponsor's
Mad River Community Hospital
McKinleyville Shopping Center
McKinleyville Shopping Plaza
North Coast Co-Op
North Fork Lumber
Premier Financial Group
Ray's Fortuna - Fortuna
Recology - Eel River
Safeway - Arcata
Safeway - Crescent City
Safeway - Fortuna
Sutter Coast Hospital
United Indian Health Services
Walmart - Crescent City
Wildberries Market Place

