

2024 SUMMMER EDITION

June- September



Washington Elementary Schools Community Service Day

What a fantastic community we live in! Buddy the Blood Drop and the Bloodmobile got to be a part of Community Service Day at Washington Elementary. We were alongside Humboldt Bay Fire, Humboldt County Probation Department, California Highway Patrol, Eureka Highs FFA, Providence ER Department nurses, US Coast Guard, US Postal Service, Maples Plumbing, US Forest Service, and Eureka City Schools Sanitation Department. This event is one that students and staff look forward to each year, and we were just as excited to participate.



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A New Era of Blood Donor Eligibility

Raising Awareness About Changes That Promote Fairness and Inclusivity

By Kate Witthaus

The Northern California Community Blood Bank is partnering with GLAAD, a global LGBTQ advocacy organization, and America's Blood Centers, a national organization of community blood centers, to launch the Summer of Giving national blood drive campaign.

Running from May 28 through National Blood Donation Day on September 4, this initiative aims to encourage businesses to host blood drives and all eligible individuals to donate blood in recognition of recent eligibility changes that promote fairness and inclusivity in the donation process while maintaining the safety of the blood supply. Blood centers around the country have implemented the new FDA guidance that expands blood donor eligibility to more LGBTQIA community members. With this update, sexual orientation is no longer a consideration for donor eligibility. This significant change opens the doors for many individuals to now donate blood.

In accordance with these new FDA guidelines, a modified screening process has been implemented centering on an individualized donor assessment. The blood donor history questionnaire has been updated to inquire about all donors' recent or multiple sexual partners within the past three months, regardless of gender of either party. This change recognizes that susceptibility to infectious diseases, including HIV, is not determined solely by sexual orientation or identity. This donor history questionnaire is gender neutral and asks the same questions to all donors regardless of their gender or sexual orientation. Transgender and nonbinary individuals are welcome to donate blood.

These changes reflect the blood community's commitment to inclusivity while ensuring the safety of the blood supply. While important, they are one step in the larger process. The blood and LGBTQIA communities are working to ensure the FDA swiftly implements further changes as quickly as scientific data warrants to bring even greater equality to the blood donation process.

How can our medical community help? Helping to answer questions and concerns about blood donation from our community members goes a long way. Here are some key points to know:

The FDA's updated eligibility guidelines include:

- Any individual who has had a new sexual partner in the past three months and has engaged in anal sex during that same period is deferred for three months from the most recent sexual contact.
- Any individual who has had more than one sexual partner in the past three months and has engaged in anal sex during the same period is deferred for three months from the most recent sexual contact.
- Any individual who has taken any oral antiviral medication to prevent HIV (PrEP or PEP) is deferred for three months from the most recent dose. These medications may delay detection of HIV and result in false negative test results.
- Any Individual who has taken any long-lasting antiviral medication by injection to prevent HIV (PrEP or PEP) is deferred for two years from the most recent injection. These medications may delay detection of HIV and result in false negative test results.
- Any individual who has ever taken any medication (i.e., ART) to treat an HIV infection is permanently deferred.

Learn more at www.GLAAD.org/summerofgiving

Find a local blood drive at: www.nccbb.org

FDA takes long overdue step to remove the discriminatory and medically unnecessary ban of MSM donors.

In the early days of the HIV/AIDS epidemic, blood donations were not able to be screened for HIV, which led to some cases of blood recipients becoming infected via transfusion. In 1985, the FDA instituted a lifetime ban on gay and bisexual men from donating blood, which was considered extremely discriminatory and nonscientific. Eventually, we were able to test all blood donations universally for HIV, and yet there was no change made to the outdated policies related to deferral based on sexual orientation. In September 2000, March 2006, June 2008, and again in June 2010, two groups representing community blood banks, America's Blood Centers and the AABB, along with the American Red Cross, recommended to the Blood Products Advisory Committee that the lifetime deferral for males who have had sex with males (MSM) be modified to a time limited deferral. ABC, AABB, and the ARC argued that as better testing has become available, the screening of MSM donors has become redundant. These organizations, on our behalf, have continued to lobby the FDA and the Blood Products Advisory Committee to revise this outdated policy. In September 2014, the California State Legislature approved, and Governor Brown signed AJR, a joint resolution encouraging the President to direct Health and Human Services to adopt policies that repeal the current donor suitability policies of the FDA regarding the donation of blood by MSM donors. In 2020, the FDA shortened the deferral period to 90 days. In May 2023, the FDA announced that it had lifted restrictions that prohibited gay and bisexual men from donating blood, and the new guidelines focus on behavior rather than sexual orientation or gender. In December 2023, the deferral period was removed, and today, there is no deferral period for gay and bisexual men. Now, gay and bisexual men in monogamous relationships can donate without abstaining from sex. NCCBB will continue treating all potential donors equally and respectfully while maintaining donor and patient safety. We are encouraging our community to partner with us over these months by collaborating on local blood drives that support the LGBTQ+ community and by joining us by spreading awareness of the new, more inclusive FDA guidelines.

In the news release, GLAAD President and Chief Executive Officer (CEO) Sarah Kate Ellis stated, "The 'Summer of Giving' campaign is a celebration of the LGBTQ community and decades of work to remove the stigma too many potential donors have endured. Removing discriminatory barriers and following facts and science will ease the critical national blood shortage. LGBTQ donors should be treated the same as any other donor when they walk into their local blood donation center. This campaign sends a long-needed message that LGBTQ people are welcome and can generously contribute to their communities to help save lives."

"I suspect that there's a large generation of people who have grown up where blood donation has been forbidden to them, and it hasn't even actually occurred to them that they could do it." - Judd David Flesch, MD, vice chief of Inpatient Operations in the Department of Medicine at Penn Presbyterian Medical Center and co-director of the Penn Medicine Program for LGBT Health.

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UPDATE ON OUR NEW BLOODMOBILE

Thanks to many donations from our community and a generous \$100,000 from the Christine and Jalmer Berg Foundation NCCBB was able to put a down payment on our new bloodmobile! The new bloodmobile will be 26 feet long with two donor beds and two screening rooms. Our goal is to create an efficient bus to go to smaller blood drive locations or places with limited space for us. This bloodmobile will help us continue to serve far reaching communities and make it easy for both new and returning donors to save lives.

THANK YOU FOR DONATING!

Christine and Jalmer Berg Foundation
Redwood Capital Bank
Walgreens
Green Diamond/Real Women in Timber
Bruce O'Gara
Jeff and Sharon Lamoree
Steven Sandeen
Jeffrey Wahlund
Joseph and Lou Leeper
Kenneth and Rosemary Bond
Jeffry Cross
Jack and Wynona Nash
Thomas and Bonnie Lowry
Nancy and Robert Renzo
Donald and Allene Biasca
Betty and Rodney Coulson
Ernest and Linda Perry
Donald and Allene Biasca
Thelma Pavlich
Walter Giacomini
John Mertes
Martha Buss
Richard and Chris Beresford
Jaffa Wahlberg
Monica Topping
Richard Knapp and Jean Hawthorne
Craig C. Hansen
Terry Raymer and Heather Kyte
Karen and Stephen Underwood
Patricia Francesconi and Debra Kingshill

Kathleen Johanson
David Andersen
Byrd Lochtie
Susan Johnson
David Swanson
Robert Kramer
Faith McConnell
Bonnie Cyr
Jay Bell
Michelle Westover
Pamm Johnson
Sarah Grow
Christine Stenlund
Ray and Ingrid Melvin
Brigid Young
Trinidad Lions Club
McLean Foundation
Six Rivers Brewery
Sarah Grow
Kathy Schmidt
April and Eugene Joyce



Please scan the
QR code to
make your tax
deductible
donation today!



Sample picture of our new bloodmobile

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NCCBB would like to thank all of these local businesses that support us by providing our donors with an added incentive to donate! Make sure when you are out and about to support them in return!



PERSONAL BENEFITS OF DONATING BLOOD

A Free Health Screening

By going to donate blood, you are getting a mini-physical! Before you are allowed to donate, your vital signs will be checked to make sure you are fit enough for the donation. This exam might turn up a condition that needs medical attention, such as high blood pressure, or a heart arrhythmia like atrial fibrillation. In addition, you'll be screened for infectious diseases you may be unaware of. If we detect an issue with your vital signs or another health issue, we will direct you to go to a physician at that point to be checked. The wellness checkup includes a blood pressure reading, body temperature check, hemoglobin test and pulse count.

A Healthier Heart and Vascular System

Studies dating back to the late 1990s have found that people who donated blood reduced their risk of experiencing a heart attack by 88%. Regular blood donation is linked to lower blood pressure and a lower risk of heart attacks. What's the connection? If your hemoglobin is too high, blood donation helps to lower the viscosity of the blood, which has been associated with the formation of blood clots, heart attacks, and stroke. People with a condition called hereditary hemochromatosis must have blood removed regularly to prevent the buildup of iron. Fortunately, this blood can benefit others. People with hereditary hemochromatosis are essentially healthy and are otherwise normal, but they have a gene mutation where they make too much blood, so we can use their healthy blood to help patients who need it. Donating can also balance your iron levels. Too much iron in the blood can cause your arteries to harden (atherosclerosis). This can restrict blood flow to the rest of the body. Donating blood helps reduce the amount of iron in your blood, reducing the risk of atherosclerosis.

A Happier, Longer Life

People usually donate because it feels good to help others, and altruism and volunteering have been linked to positive health outcomes, including a lower risk for depression and greater longevity. These positive feelings can lead to better health and longer lives.

Added Bonus: A Free Snack

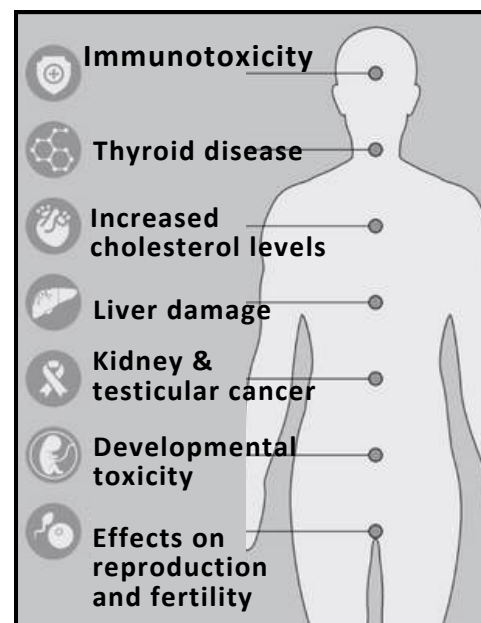
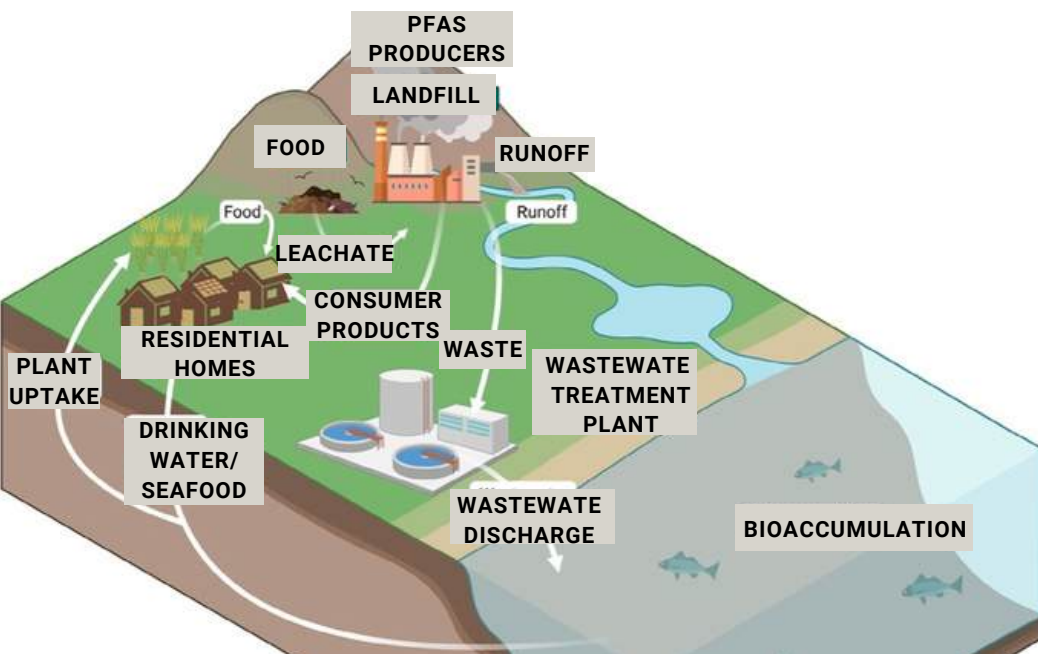
Every time you donate blood, it's like burning calories without doing anything, as your body burns 500 calories to replace the blood that was removed. NCCBB provides snacks and juice for your body to help replenish.



Giving blood may help the body's detoxing potential. Blood donations have been shown to affect the levels of perfluoroalkyl and polyfluoroalkyl substances (PFASs).

PFAS or per- and polyfluorinated alkyl substances, also known as the 'forever chemicals,' are a group made up of around 5,000 man-made chemicals that can be found in our bodies, food, and the environment, causing harm to the ecosystem and are associated with adverse human health effects. PFAS do not break down and can be found in our soil, water, and air. PFAS are found in the blood of both humans and animals because of their rampant use since they were first used in U.S. production in the 1940s. Though PFAS have been banned in the U.S. since 2006, it is still widespread and can be found in water-resistant clothing, non-stick cookware, waffle irons, air fryers, cosmetics, shampoo, floss, paints, varnishes, sealants, seafood, fast food, processed meat, and many more consumer and industrial products. PFAS and the effects they have on our health include a lengthy list of potential outcomes from exposure. It has been found that PFAS can increase the risk of prostate, kidney, and testicular cancers, reduce the body's immune system responses, interfere with the body's natural hormones, cause reproductive problems and developmental delays, and are linked to childhood obesity. Blood donation has been shown to affect PFAS levels. Studies have indicated that firefighters have higher than average levels of PFAS, which some believe is due to their use of fire-extinguishing foam and protective gear, as well as household products burned in fires. The state of California has banned the manufacturing and use of class B firefighting foam in January of 2022. A study published in 2022 found that firefighters who gave plasma or blood donations over 12 months had lower levels of PFAS than those who did not. The clinical trial of 285 firefighters in Australia showed that regular blood or plasma donations result in a significant reduction in PFAS levels, with plasma donations reducing levels more quickly than blood donations.

<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2790905>



<https://www.openaccessgovernment.org/pfas-forever-chemicals-perfluoroalkyl-toxicology/155899/>

<https://enveurope.springeropen.com/articles/10.1186/s12302-023-00721-8>

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DEL NORTE COUNTY BATTLE OF THE BADGES



Battle of the Badges- a friendly annual competition between public safety agencies and local law enforcement kicked off this May in Del Norte. Hosted by Crescent City Fire and Rescue and organized by Kathy Williams with Del Norte County Search and Rescue.

Each year, first responders answer the call to save lives by donating blood and recruiting community members to donate alongside them. This year, Bill Barlow, Secretary for the Crescent City Fire and Rescue, put his heart into making this a successful drive. Bill was relentless in encouraging his fellow firefighters to participate because he knows the importance of having a stable blood supply and has had someone close to him receive life-saving blood transfusions. Bill, a daily hero, is also a great role model for the young first responders following in his footsteps. It was an honor to work beside Kathy and Bill, and NCCBB is proud of our Del Norte community for showing up and saving lives. Congratulations, Crescent City Fire and Rescue, for winning Del Norte's 2024 Battle of the Badges!



Kathy Williams



Bill Barlow



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NCCBB had the pleasure of meeting and working alongside Gail Saunders for our Trinidad community blood drive hosted by the Trinidad Civic Club. The Trinidad Civic Club has resumed hosting blood drives for NCCBB as one of their ten annual community service projects. Gail took the reins from Jan West, Co-President of the Civic Club, this last March. Going into that drive, I knew it would be a success because Gail was enthusiastic and encouraged everyone in her contacts list to donate. She was emailing me lists of friends and community members she had gotten to sign up, and that list just kept growing and growing. We saw over double the number of donors at our March drive than at any other drive before it. Sitting on the mobile with Gail was like hanging out with a close girlfriend. Gail is so lovable, genuine, and easy to talk to. Everyone came that day because their excellent friend Gail had asked. Initially, Gail was going to buy everyone who donated that day a slice of pizza from Headies Pizza and Pour. Still, Chuck and Sherry Vanderpool, owners of Headies, were thrilled with the influx of business that day due to so many donors bringing in their families and friends after their blood donation that they decided to donate the pizza instead. Gail and the Civic Club will host another drive in September, and I look forward to another record-breaking drive. Thank you, Gail, for providing so many people with life-saving blood!



Gail Saunders (right) with Betsy Musick (left), owner of the Eatery Restaurant in Trinidad.

NORTH COUNTRY CLINIC'S NEW LOCATION

North Country Clinic is a medical group practice located in Arcata that specializes in Nursing and Family Medicine. North Country Clinic has been hosting blood drives outside their office on 18th Street in Arcata for us now since 2020. Now combining with Humboldt Open Door Clinic, the two existing Arcata Clinics are



located in the new Open Door Community Health Center located at 1150 Foster Ave in Arcata. These drives are open to the public and now with more parking we hope the community can have easier access to our bloodmobile.

WHAT IS BLOOD BANKING?

Blood banking is the process in the lab to ensure that donated blood, or blood products, are safe before they are used in blood transfusions and other medical procedures. Blood banking includes typing the blood for transfusion and testing for infectious diseases. Blood testing has become even safer in recent years due to the implementation of nucleic acid amplification testing (NAT). NAT is a sensitive gene-based test that screens the blood supply for HIV, hepatitis B and C, and West Nile virus. We also test for ABO blood type and Rh factor, unexpected antibodies to red blood cells, HTLV, and syphilis. Additional tests may be performed to ensure donor or recipient safety, including but not limited to *T. cruzi* (Chagas' disease), HLA antibodies, bacteria, and unique blood group antigens. Blood banks collect, separate, and store donated blood into various components: plasma, platelets, and red blood cells, which are then turned into blood products for patients. Our computer system keeps track of the types of donations each donor participates in and holds a full donation history of each donor. This way, we ensure donor eligibility for the intended donation and that they're asked the proper questions during their questionnaire and screening process. Our system also provides clear and accurate package labeling so products don't get lost or confused with other products. According to the Red Cross, nearly 5 million people receive blood transfusions year in the U.S. The first U.S. blood bank was established in 1936, and due to extensive research, transfusions are safer and more effective than ever because of donor screening, sophisticated testing, and efficient data management.



Requirements for a blood bank include:

- Licensing and accreditation by the regulatory authorities.
- Equipment for collecting, testing, processing, and storing blood.
- Trained staff for collecting, testing, and processing blood.
- Adequate storage facilities for blood and blood products.
- Strict quality control and screening procedures to ensure the safety of blood products.
- A system for distributing blood and blood products to hospitals and other medical facilities.



Apheresis

In addition to whole blood donations, we also produce 'Automated Blood Collections' or ABC.

Automated blood collection, or apheresis, allows a donor to give multiple blood components, such as red blood cells, platelets, or plasma. During the procedure, all but the needed blood components are returned to the donor.

Donors can come to our center and donate individual products – platelets, plasma & red blood cells.

Certain treatments require specific parts of the blood. For example, if you have heart surgery, you could use up to 6 units of apheresis platelets. If you have a bone marrow transplant, you may use up to 120 units of platelets!

Apheresis is a medical technology in which the blood of a person is passed through an apparatus that separates out one particular constituent and returns the remainder to the circulation

Less than 5% of blood is used as whole blood. By separating the other 95% into its components, red blood cells, platelets, and plasma, the unit you donated can save up to 3 lives.

How often you can donate:

Whole blood: Every 56 days (8 weeks)

Plasma: Every 28 days (4 weeks)

Platelets: Every week

Double RBC: Every 16 weeks

Platelets



It can take 6-10 whole blood donations to obtain the same amount of platelets collected from a single platelet apheresis donation.

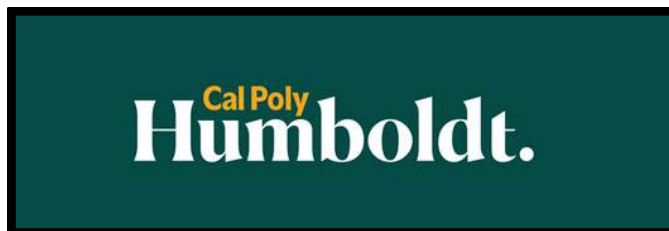
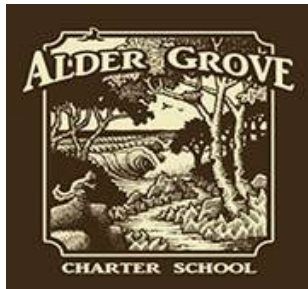
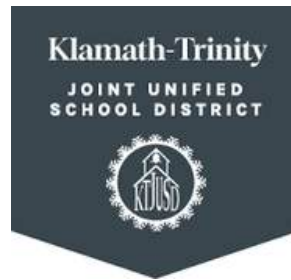


HLA ANTIBODIES IN WOMEN

Women account for a large percentage of platelet donors. NCCBB will perform a Human Leukocyte Antigens (HLA) antibody test on women who have been pregnant. HLA antibodies forming in women's blood during pregnancy are very common and have no medical significance to a woman's health. The presence of antibodies to HLA in the blood can cause an adverse reaction in patients receiving platelets or plasma. If the test comes back negative, then the donor can donate platelets. There are still donation options available to women who are HLA positive, including whole blood donations and automated double red blood cells.

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Did you know that we need 3,000 new donors every year to replace those who are no longer able to donate based on deferrals. This is why getting teens, young adults and the next generation of donors to become consistent/ regular donors is incredibly important. **NCCBB** would like to acknowledge and thank our local Humboldt and Del Norte schools for hosting blood drives and saving lives one donation at a time!

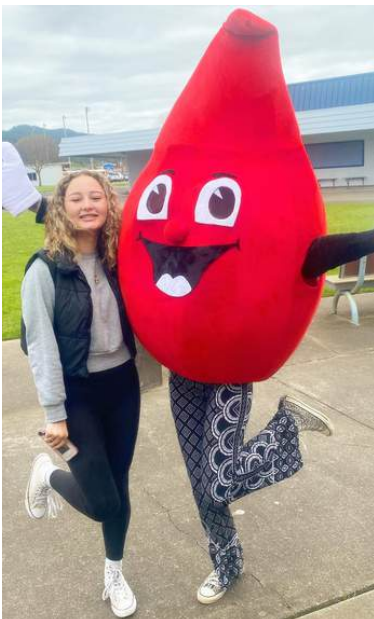


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High School Heros

The 2023-2024 school year brought in record-breaking numbers for many of our Humboldt and Del Norte High Schools. Arcata High students organized the largest one-day drive we have ever had at NCCBB. Natalie Lehman a Senior at AHS managed a sign-up of over 180 students, of that the three bloodmobiles were able to see 151 of them. Hoopa Valley High School brought in nearly double what they usually see, bringing in 40 donors during our last high school drive of the school year. Ferndale High School was our biggest donor recruiter of the year, of the students who are eligible to donate (16+) that attend FHS 69% of them donated blood throughout the year. Making Ferndale High School our 2024 High School Hero's winner. We will be presenting them with their trophy at the beginning of the next school year, and they will hold on to it until the following year's winner is announced. Many Seniors will be graduating with a 'Blood Donor Honor Cord' which recognizes their contribution to our community. Recipients of this honor have donated blood at least three times during their high school career. Each of these donations has touched the lives of as many as three individual patients whose lives have been improved or saved by these donors. By taking the time and effort to donate three or more times, these individuals have demonstrated a commitment to blood donation that will continue to impact our community for many years. It demonstrates their tremendous character and selflessness that every college, employer, and community respects and values. We have no doubt that the individuals who have earned this recognition will go on to be leaders in their communities and accomplish great things.



HOOPA VALLEY TRIBAL POLICE



Hoopa Valley Tribal Police hosted a very successful blood drive thanks to Chief Rolando Ramos. Ramos who has been with Hoopa Valley Tribal Police for two years is a regular donor. He hit his one gallon status for NCCBB at the drive he hosted this last May. Ramos who has been driving down to our blood center in Eureka to donate will now be able to donate every 8 weeks right outside the police station. Hoopa's heart and enthusiasm for donating has made their community a reliable location for blood donations.

Please see our website at www.nccbb.org to find the next drive time.



FACES BEHIND THE PHONES

Izzy Supervisor	Laci Supervisor/ Phone Recruiter	Reese Supervisor/ Phone Recruiter	Sasha Phone Recruiter	Marlee Phone Recruiter	Jasmine Phone Recruiter	Nova Phone Recruiter

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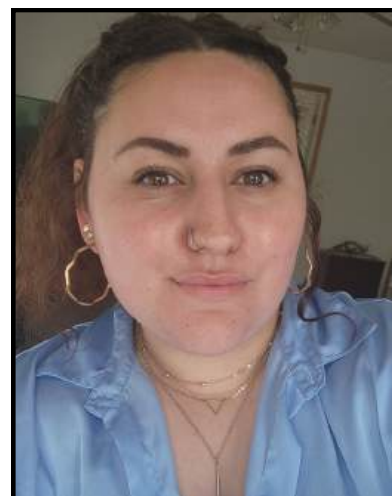
SAY HELLO TO NCCBBS NEW EMPLOYEES



My name is Angie Konopa and I'm a Clinical Laboratory Scientist in the NCCBB lab. I was born and raised in Massachusetts, but when I was about 30, I started traveling around the country (42 states) and ended up in Southern Humboldt County, teaching yoga at a residential massage school where I was studying to become a massage therapist. I had never been to college at that point, but in an odd turn of events decided to begin going to school with the hopes of becoming a doctor. University was difficult being an older student, but I finally finished with my bachelor's of molecular biology with a minor in chemistry at 40 years old (it's never too late!!). At that point being in school for 16 semesters in a row had worn me down, and I was certain that med school was too long of a haul. So I decided to pursue further studies in laboratory science because it sounded really interesting and was a shorter career path. I have now been a CLS for

almost 10 years. I've worked at St Joes, Mad River and United Indian Health. The work at NCCBB is interesting because it's problem-solving puzzles, and no two antibody identifications are alike! I live with my husband and two dogs in Arcata, and our house is a constant construction zone as we are always renovating and adding things on. I really only have one hobby: I'm a drummer and have been playing since I was 12. I just came back from a progressive rock music cruise where I got to play in the professional/amateur nightly showcase. Think rock+classical+jazz all wrapped up in one... and that's "progressive rock". It's my favorite genre, but not very popular in the US. However, I have met like-minded friends from all of the world on this music cruise, and it's a yearly thing I look forward to.

Hello! I would like to start off by introducing myself to you. My name is Kylee Savio and I am 23 years old. I was born and raised in Humboldt county. I spent my younger years riding dirt bikes and playing ball. I would love to say I am still on the dirt track with my bike but I am not. Although you can still find me on the baseball field that is no longer how I spend all of my free time. I love working with my family at our family businesses: The Flower Boutique in Eureka and The Sasquatch Den in Miranda. Before starting here at NCCBB, I was at a local credit union for a few years. I am now in April's position as the Welcome Center Coordinator. I am who makes the appointments for our Apheresis and Therapeutic Donors. I am so happy to be a part of the blood bank and I cannot wait to get to know all of our wonderful donors!



NCCBB'S 'OF THE MONTH CLUB' WINNERS FOR MAY



PET

Gus is an Australian green tree frog nominated by Avery Silver. Avery says, "he's a very silly and sweet little guy and highly food motivated. Most of us (myself included) can relate to Gus as being highly food-motivated! Gus's smile in the photos Avery submitted won me over, and for these reasons, Gus is our May pet of the month. Thank you, Avery, for sharing sweet Gus with us."

EMPLOYEE

Recruitment as a whole submitted Elaine Ramsey for employee of the month. I probably made a biased decision when choosing Elaine, but I doubt anyone could detest it. Elaine is our Director of Quality



Assurance and Compliance. Elaine has been very busy this past month. Her many accomplishments include handling the recent audit, introducing the new modules in ETQ, and moving everything over from Title 21. Although we work in different departments, Elaine's office is in our neck of the woods, and we see firsthand how dedicated, passionate, and hardworking Elaine is every day. Thank you, Elaine, for making NCCBB a better place for us all.



DONOR

Rob Ayers was nominated by Tiffany Armstrong. He began donating in 2004. He has donated 229 times and has donated upwards of 28 gallons. He started by donating whole blood and is now a super platelet donor, coming in almost every other week. Rob, just like his dog Bodie, is a favorite around the Blood Bank. Thank you, Rob, for being a loyal donor and going above and beyond for your community.

NCCBB'S 'OF THE MONTH CLUB' WINNERS FOR JUNE



PET

This is Klaus, April's beloved green cheek conure. Klaus is our June 2024 pet of the month. April got Klaus off of Craigslist from a girl who was moving away for college. April says he is the sweetest baby bird ever. His favorite words are "Hey Baby" and "I love you," he also purrs like a cat. Though Klaus is a messy boy, keeping April very busy cleaning up after him, she loves him with all her heart, and he loves her, too. Anyone who knows April knows she is a crazy bird lady, but it's part of her charm.

I, too, now appreciate birds more, and anytime I see a bird, I think of April, as I'm sure most of us here at the blood bank who are close to April do as well. In honor of April and her silly bird, Klaus, I say we honor all birds this month by taking little moments in the day to go outside and do some birdwatching.

DONOR

Charlie Caldwell is our June 2024 donor of the month. Jeremy Cashen submitted Charlie for a plethora of reasons. Charlie is a 19-galloneer, which means he has shown up and donated over 150 times. As a regular platelet donor, Charlie has



spent a lot of time with our team here at NCCBB and has made many forever friendships with our staff. Charlie is not only a lifesaver but an all-around do-gooder for our community. Charlie is the President of the Humboldt Skatepark Collective, and because of Charlie's perseverance, they were able to break ground on McKinleyville's skatepark in the spring of 2023. Charlie now hosts 'Breakout,' a mix of a traditional school break day camp and a skate camp. Charlie is a board member for McKinleyville's Park & Recreation, a member of the McKinleyville Chamber of Commerce, an assistant pastor at Church on the Rock, a Foursquare Disaster Relief Chaplain and Responder, as well as a certified Project Manager with the Project Management Institute and a retired Senior Program Manager for Pacific Gas and Electric Company. Charlie's passion is "to see our youth and their families enjoying the outdoors together in our communities, spotlighting our wonderful region of redwoods, ocean, and climate to all who visit." To truly give you an idea of how much energy and thirst for life Charlie has, you must know that on his 61st birthday, he rode his bike 61 miles! Charlie embodies the enthusiasm and spirit of Humboldt and what the Pacific Northwest has to offer. For these reasons and many more, we proudly honor Charlie this month.



EMPLOYEE

Kate Witthaus submitted Dawn Reed as our June 2024 employee of the month. Dawn has been with the blood bank for over 20 years. In fact, she is one of the people who helped train Kate when she first started in the Lab. Dawn is the unsung hero of the Blood Bank. Whenever you need something, a blood collection bag, a cleaning supply, or a pen to write with, Dawn is the person who makes those things appear. She is an expert at customer service, anticipates our every need, and is a friendly, kind presence in the workplace. She's also an excellent employee recruiter – two of her daughters and one of her granddaughters also work at the Blood Bank. Thank you, Dawn, for all that you do for us here at NCCBB, and for these reasons, we honor you this month.

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The Northern California Community Blood Bank would like to collaborate with you!

Let us know if your local business or organization are interested in sponsoring a blood drive. We offer 2 different types of blood drives: in-house and mobile drives. Our recruitment team will streamline the process for everyone involved.

In-House Blood Drive

Hosting an in-house blood drive would bring new people through our blood center doors by using your platform to create awareness.

Sponsor nights are held at our center on Harrison Ave in Eureka on Wednesday evenings. We provide a light dinner and stay open until 7 PM. This is a fun way to bring your staff, friends, families, and affiliates together to donate blood. We encourage sponsors to showcase their business/cause by setting up a table for the evening and mingling with donors and staff. Our goal is that your sponsorship will bring in many donors representing you, and together, we will collect lots of blood for the community.

Mobile Blood Drive

Sponsoring a mobile blood drive is as easy as 1, 2, 3!

1. Set the date: Our Donor Recruiter will work with you to schedule the perfect time.
2. Choose the location: Mobiles need about 5 parking spaces on level ground and a bathroom for our staff.
3. Promote the drive: Put up posters, email staff, and get people excited to save lives!

NCCBB will provide refreshments, but you are welcome to add special items, treats, or incentives.





“Hello everybody,
its me your good pal Buddy!
Can you find me and all the
blood types below?”

Where's Buddy?

B+ O-

A+ A- AB+ AB- O+
B-



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NEW HEIGHTS

MARCH PLATEAUS

3 GALLONS	10 GALLONS
Olivia Alves	Carmela Wenger
Michelle Gibbons	Jared Zystro
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Kash Boodjeh	21 GALLONS
Mike Smith	Tom Anthony
Scott Williams	25 GALLONS
8 GALLONS	Ralph Miller
Russell Alber	30 GALLONS
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John Mcguire	34 GALLONS
Patrick Reed	Guy Huddleston
9 GALLONS	43 GALLONS
Boyd Beattie	Chuck Giannini
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Lauren Lynch	78 GALLONS
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Dan Free	Philip Cramer
Janet Pomerantz	13 GALLONS
Francis Rivinus	Gary Manhart
Donna Souza	Sten Tjaden
Leonard Trethewey	16 GALLONS
Joe Wagenbrenner	Cathy Canepa
4 GALLONS	18 GALLONS
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Tom Corder	Craig Newman
Armando Pena	20 GALLONS
Leanza Rose	Jeffrey Wahlund
5 GALLONS	21 GALLONS
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John Wesa	Byrd Lochtie
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Joe Hough	24 GALLONS
Ben Morehead	Bob Schultze
Tony Schei	25 GALLONS
7 GALLONS	Dan Biesecker
Leslie Ames	26 GALLONS
Hugo Guerrero	Kathleen Cross
8 GALLONS	Patrick Wagner
Daniel Kepon	27 GALLONS
Ansel Ortiz	Greg Williston
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